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SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 8, 2022

APRIL SUNRISE/SUNSET: 8 7:12 • 7:48 9 7:11 • 7:49 10 7:10 • 7:49 11 7:09 • 7:50 12 7:08 • 7:50 13 7:07 • 7:51 14 7:06 • 7:51



Jewelry artists Jayne Crowell and Angelina Guarisco photos provided

Last Art Fair Of The Season

The Community House is hosting its final arts and crafts fair of the season on Saturday, April 9 from 9 a.m. to 2 p.m. Celebrating local artisans and life on the islands, this fair features handmade arts, crafts and treasures of all kinds. Many unique vendors have been selected to participate.

On display and for sale will be an



Illustrator Melissa Gindling

array of original art in diverse mediums. Shoppers can browse a large selection of original paintings and prints, shell art and crafts, jewelry, pottery, glass art, baked goods and other culinary items, greeting cards, children's books and wearable art. Artists will be on site to talk with shoppers about their handmade and homemade wares. This is the place to find that special gift, some art for your home, the perfect



Watercolorist Renée Chastant

accessory, a one-of-a-kind marvel and some tasty treats. The quality of arts and crafts is sure to be extraordinary. Plan to arrive early for best selection.

All sellers will have their works on display inside at The Community House. There is no charge for parking or admission. Masks are required for



Ceramist Alexandra McCurdy

unvaccinated persons.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, visit www.sanibelcommunityhouse.net, www.sancapart.org or facebook.com/sanibelcommunityhouse or call 472-2155.✪

Plans Revealed For The Roost At 'Ding' Darling

Final designs are in the works for a new \$1 million-plus project at JN "Ding" Darling National Wildlife Refuge that will offer outdoor flex space for a broad spectrum of educational purposes. The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) plans to break ground on The Roost – an accessible, inclusive, safe and welcoming pavilion adjacent to the entrance ramp to the "Ding" Darling Visitor & Education Center – by late summer 2022.

"Ever since COVID hit, open-air space for refuge programming has become a top priority," said DDWS Executive Director Birgie Miller. "We have raised most of the funds to get started on the project, but we are still looking for at least another \$100,000 to bring The Roost up to the highest standards of green construction and operation, and to support its programming."

The 4,670-square-foot pavilion, designed by Sanibel architect Amy Nowacki, will be constructed of innovative earth-friendly materials with solar panels that will provide electricity for its lighting



The Roost will offer a mix of spaces for groups small and large, and programming for a variety of ages and interests

image provided

and paddle fans, and a battery backup for other refuge buildings. Incorporating design elements from nature, it will serve as an outdoor classroom for visiting school and other groups. DDWS also foresees creative new uses that reflect the refuge's

arts legacy and experiential mission, including music and art events, puppet shows, lectures, mindfulness classes and culture-driven programs.

The larger of the two covered, open-sided spaces will measure 1,900 square

feet with removeable seating. A separate, 350-square-foot area will contain three separate spaces for small-group gatherings and places for visitors to gather and rest while they explore the refuge.

continued on page 38

St Isabel Catholic Church Holy Week and Easter Schedule

PALM SUNDAY, APRIL 10

Saturday, 5:00 PM

Sunday, 8:30 AM & 10:30 AM

HOLY THURSDAY, APRIL 14

Mass of the Lord's Supper 7:00 PM

GOOD FRIDAY, APRIL 15

Celebration of the Lord's Passion

Veneration of the Cross 3:00 PM

HOLY SATURDAY, APRIL 16

The Great Vigil of Easter 8:30 PM

EASTER SUNDAY, APRIL 17

7:00 AM, 9:00 AM, & 11:00 AM



3559 Sanibel-Captiva Road • Sanibel, FL 33957
(239) 472-2763 • ParishOffice@SaintIsabel.org



The Community House photo by Logan Hart

Community House Calendar

The Community House arts and crafts fair is back on Saturday, April 9 from 9 a.m. to 2 p.m. There will be original art in various mediums, shell and other crafts, jewelry, baked goods and other culinary items. No admission charge.

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend; supplies range from \$3 to \$5.

Oil Painting with Suzette is offered on select Mondays from 9:30 to 11:30 a.m. The subject for the April 11 class is umbrella and chairs. The subject for the April 18 class is five ibis. Cost per class is \$55 for members and \$65 for guests. All materials included. Register online at www.sanibelcommunityhouse.net or call 472-2155.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 12:30 to 3 p.m. Cost is \$5.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a

work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

A Mediterranean Mix-up community social will be held on Wednesday, April 13 with dine in at 6 p.m. and orders to go at 5 p.m. Cost is \$25 for members and \$30 for guests; \$5 additional for dessert. Call 472-2155 for reservations and takeout.

Several Sanibel-Captiva Art League members Dorothy McDowell and Jan Rutledge are exhibiting works this month. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday. Proceeds of all sales go to Sanibel Community Association.

The Sanibel Community Association annual board meeting will be held on Wednesday, April 27 at 8:30 a.m.

There will be a blood drive on Friday, April 29 from 10 a.m. to 3 p.m.

Order homemade pies and cakes. Cost is \$7 per slice of \$50 for a whole pie or cake. Choices are Chocolate Dream Supreme Pie, Sopapilla Cheesecake or 1927 Carrot Cake. Call 472-2155 to reserve; made to order each week.

The Community House is looking for sponsorships for Line Dancing classes. Contact Allison at office@sanibelcommunityhouse.net.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.*

Open House At Rec Center

The City of Sanibel has undertaken a comprehensive assessment of recreation facilities and programs. The goal is to reimagine all components of the Sanibel Recreation Department (recreation center, Center 4 Life and outdoor sports programs) to meet recreation needs of all residents (youth, adults and seniors).

Public participation and resident input will be a key component of the study and will help to inform decisions that will guide the future development of the city's recreation facilities and services. A broad set of tools, both online and in person, will be used to engage the community in this important conversation.

An open house will be held on Saturday, April 9 from 2 to 4 p.m. at Sanibel Recreation Center, 3880

Sanibel-Captiva Road. Share your ideas and comments at the stations that will be set up in the gym. Drop by any time during the open house and visit all four stations at your leisure.

There will be family-friendly activities, the leisure pool and splash pad will be open for the whole family, the Kiwanis Club of Sanibel-Captiva will be serving free hot dogs, popcorn and drinks, and tours will be offered.

A project booth will be set up at the Farmers Market on Sunday, April 10 from 8 a.m. noon at city hall, 800 Dunlop Road. Share your input on various topics/questions with the project team.

Participate online using three tools that can be found on the Social Pinpoint community engagement platform designed for this project. Visit www.mysanibel.com to access the Social Pinpoint Site. Online tools are available through May 1.*

Historical Village Extends Quilt Show



Detail of quilt pattern

photo provided

The Sanibel Historical Village quilt show has been extended through the month of April. Some 40 quilts are displayed throughout the buildings at the village.

"The quilts on exhibit demonstrate the wide variety of materials and

patterns used by quilt makers over time, including one quilt made from gentlemen's silk ties and another from velvet pieces with a deep fringe border," said Bonnie Frankel, SHMV board member.

Information as to pattern name and

time frame is provided for each quilt when known.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. and advance reservations are not required. There is no additional fee for these tours.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access. Admission is \$10 for adults over 18; no charge for members and children.

For more information, call 472-4648 or visit www.sanibelmuseum.org.

Island Seniors At The Rec Center

Island Seniors, Inc. is offering the following activities at the Sanibel Recreation Center:

Coffee Social – Monday to Friday, 9:30 to 11 a.m.

Bridge – Monday and Wednesday, 12:30 to 3:30 p.m.

Mahjongg – Thursdays, 12:30 to 3:30 p.m.

Euchre – Fridays, 1 p.m.

Hot Dog Lunch – Wednesdays, 11 a.m. to noon, Osprey Room. Cost is \$3 per person; chips and drink included.

Chair Yoga and Gentle Yoga – Chair Yoga is offered on Tuesdays from 1:30 to 2:30 p.m. and Gentle Yoga is offered on Thursdays from 1:30 to 2:30 p.m.

Island Seniors member fee is \$4.10; no charge for recreation center members but you must show valid member card to participate. Visitor fees available. Space is limited. Call Dave or Jessica at 472-0345 for more information.

Balance-Core and Strength Aerobics – This slower paced class encompasses targeted moves to improve balance and strengthen the core. This class is perfect for the older active adult looking to improve their mobility. Class time is from 10 to 11 a.m. Island Seniors member fee is \$4.10; no charge for recreation center members but you must show valid member card to participate. Visitor fees available. Space is limited. Call Dave or Jessica at 472-0345 for more information.

The Page Turners Zoom book discussion for Tuesday, April 12 is *Harlem Shuffle* by Colson Whitehead. On May 10, the club returns to in-person meetings with *Carnegie's Maid* by Marie Benedict. For Zoom link or to be added to the email list, contact Louise Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

Kayaking is offered on Tuesdays, weather permitting, from 8:30 to 11:30 a.m. Sign ups are in person only at the recreation center. Cost is \$5 for members and \$20 for non-members. Basic skill level required. Restrictions apply. Call 472-0345 for details.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information on membership, visit www.center4life.com or call 472-0345.

SANIBEL
CONGREGATIONAL
UNITED
CHURCH
OF
CHRIST

Holy Week Services at Sanibel Congregational United Church of Christ

*April 10 – Palm Sunday

9:00am & 11:00am Traditional
Service w/ Brass and Choir

April 15 – Good Friday

The Living Last Supper
Leonardo DaVinci's – "The Last Supper" comes to life.

April 14 – Maundy Thursday Service

7:30pm Tenebrae & Holy Communion

*April 17 – Easter Sunday

7:45am Chapel Service
9:00am & 11:00am Traditional
Service w/ Brass and Choir

*Rev. Dr. John H. Danner preaching

2050 Periwinkle Way · Sanibel, FL 33957 | (239) 472-0497 | www.sanibelucc.org



Carter family

Captiva Island Historical Society

Looking Back: Carter Family

This week's image depicts the entire Carter family grouped together for a family photo (pre-1940).

The History Gallery, developed by the Captiva Island Historical Society, features many



photo courtesy Captiva Island Historical Society Archives

photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www.captiva-island-historical-society.org/archives/research to view many more images to bring you closer to Captiva.✧

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading Friday 7:30 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed. Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 a.m. and 10:30 a.m. www.saintisabel.org, 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. one Sunday each month from January through April on Zoom or at Sanibel Congregational United Church of Christ. ruthiyengar42@gmail.com, 2050 Periwinkle Way, 847-309-3926. Email changes to press@islandsunnews.com or call 395-1213.✧

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April 7 Red Velvet

April 8 Buckeye

April 9 Cockle Cookie Crunch

April 10 Key Lime Pie

April 11 Almond Joy

April 12 Black Raspberry Caramel Truffle

April 13 Shack Attack

April 14 Pecan Toffee Crunch

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Rabbi Featured Speaker For Unitarian Service

Rabbi Stephen Lewis Fuchs will speak at the Unitarian Universalists of the Islands virtual service on Sunday, April 10 at 4 p.m. The topic for the sermon will be "Why didn't God stop the Holocaust?" This will be a Zoom service.



Rabbi Stephen Fuchs

Rabbi Fuchs has served as rabbi of Bat Yam Temple of the Islands since the fall of 2017. Interfaith understanding has been one of Rabbi Fuchs' highest priorities throughout his career. On Sanibel, he shares a connection with Bat Yam Temple and Sanibel Congregational United Church of Christ, with pastors Dr. John H. Danner and Rev. Deborah Kunkel.

Rabbi Fuchs is rabbi emeritus of Congregation Beth Israel in West Hartford, Connecticut and former president of the World Union for Progressive Judaism. During his tenure with World Union, he spoke in 65 communities on five continents teaching and advocating for Progressive Jewish

values and ideals.

Before coming to Congregation Beth Israel, he served first as an intern and then as the first full-time rabbi of Temple Isaiah in Columbia, Maryland and as the senior rabbi of The Temple, Congregation Ohabai Sholom in Nashville, Tennessee.

Since 2014, Rabbi Fuchs and his wife, Victoria, have spent several weeks in Germany each year raising Holocaust awareness in secondary schools and speaking in synagogues, churches and universities. He has lectured each year to rabbinical and cantorial students at Abraham Geiger College in Berlin. He is the first rabbi to deliver a sermon in most of the German churches he has visited.

Rabbi Fuchs received his undergraduate degree at Hamilton College in Clinton, New York. He holds both bachelor and master's degrees in Hebrew Letters, along with a graduate certificate in Jewish communal studies and rabbinic ordination from the Hebrew Union College-Jewish Institute of Religion. He also studied at Ulpan Etzion and the Hebrew University in Jerusalem.

If you are not a member of Unitarian Universalists of the Islands and wish to participate in the Zoom service, email Ron Benninga at rbenninga@yahoo.com and he will send you the link.

This will be the last service of the season for Unitarian Universalists of the Islands.*

Pastor To Star In Performance At Local Church

On Good Friday, April 15, Sanibel Congregational United Church of Christ will present an unusual dramatic production, entitled *The Living Last Supper*. Essentially, it consists of the Leonardo da Vinci painting come to life. The performance begins at 7:30 p.m. and the public is welcome.

Created during the period 1495-98, da Vinci's mural painting known as *The Last Supper* – a masterpiece of the Italian High Renaissance – is one of the best-known works of Christian art. It illustrates the scene from the last days of Jesus Christ, as described in the Gospel of John 13:21. Flanked by his 12 apostles, Jesus has just declared that one of them will betray him. The picture depicts the reaction of each disciple to the news.

During the live performance, each of the 12 disciples gives a monologue recalling his life and travels with Jesus and there are pantomimes depicting the Passover Seder which, of course,



Rev. Dr. John Danner

was what that "last supper" actually was. These are interspersed with choral music, which will be sung from the balcony of the church.

A unique aspect of this evening will be the fact that the traitor, Judas, will be portrayed by the pastor of the church, the Rev. Dr. John Danner, who has a background as an actor. A well-known personality on the islands, Danner will be retiring nine days after the performance.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call 472-0497 or visit www.sanibelucc.org.*

Top 10 Books On The Island

1. *The Wedding Veil* by Kristy Woodson Harvey
 2. *The Club* by Ellery Lloyd
 3. *Something's Cooking in Chianti* by Jennifer Schiff
 4. *Reminders of Him* by Colleen Hoover
 5. *Golden Girl* by Elin Hilderbrand
 6. *West with Giraffes* by Lynda Rutledge
 7. *The Tobacco Wives* by Adele Myers
 8. *Peach Blossom Spring* by Melissa Fu
 9. *The Match* by Harlan Coben
 10. *Violeta* by Isabel Allende
- Courtesy MacIntosh Books and Paper.*

Holy Week

AT SANIBEL COMMUNITY CHURCH
1740 PERIWINKLE WAY • SANIBEL ISLAND, FL 33957
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Easter Egg Hunt and Festival

Wednesday, April 13 from 4 to 6:30 p.m.

Join us for our SCC Annual Easter Egg Hunt for kids preschool through fifth grade.

Come enjoy games, bounce houses, rock wall, food, and egg hunt.

Maundy Thursday Service - Thursday, April 14, 7 p.m.

Easter Sunrise Service on the Sanibel Causeway - Island A

Easter Sunday, April 17, 6:30 a.m.

Bring your own chair.

Easter Sunday Services at Sanibel Community Church

9 and 11 a.m.



The Easter Bunny will be waiting for girls and boys on Picnic Island photo provided

Easter Egg Hunt And Cruise To Picnic Island

Adventures In Paradise is offering its annual Easter Egg Hunt & Dolphin Cruise on Sunday, April 17 aboard *Dolphin Waters*, a 45-foot catamaran. Guests will depart from Port Sanibel Marina, just off island, at 9 a.m. for a journey through the waters surrounding

Sanibel Island. The final destination is Picnic Island, where the Easter Bunny will be waiting, after hiding over a thousand eggs on the island. Learn about local estuaries along the way, which are home to one of the world's largest populations of dolphins. Return time is 10:30 a.m. Easter pails and bottled water will be provided. Tickets are \$79 per adult and \$59 per child and reservations are required by calling 472-8443 or visiting www.adventuresinparadise.com.✽

OBITUARY

DOUGLAS NOBLE TABOR JR.

Island treasure Douglas Noble Tabor Jr., age 70, originally of Warren, Ohio, continued on to the next leg of his journey on February 15, 2022.

Doug dearly loved his three children, Becky, Graham and Kate. He followed their accomplishments and exploits with bated breath, served up sage advice whenever called upon – and sometimes when he wasn't – and was their most ardent cheerleader.

His grandsons, Erwin and Alexander, have known him to be the most adoring of FaceTime companions. He never once succumbed to the seasickness induced by their unsteady little hands, but rather he laughed indulgently as they zigzagged in and out of view, lovingly prodded for more details about their daily lives, and quietly enjoyed their imaginings unfolding before him.

Doug possessed a capacity for love, generosity and periodic silliness. He shared these gifts with his siblings, Greg, Marlieo, Shaun and Doug Kevin, and with his nieces and nephews as well. They remember not only acts of kindness in moments of need, but also a spot-on



imitation of Donald Duck. Doug made a home on Sanibel, surrounding himself with a community that reflected his own kind, humorous, and joyful nature. Cherished friends, intellectual sparring partners and spiritual companions were all shaped by his warmth, contentment and ability to truly listen.

A joyful celebration of Doug's life will be held on Saturday, April 23 beginning at 10 a.m. at Sanibel Community Church, 1740 Periwinkle Way.

To honor his love of music, his children invite you to join them for food, drinks and an open-mic celebration from 3 to 6 p.m. on April 23 at Tutti Pazzi, 1200 Periwinkle Way.

In lieu of flowers, please consider a donation to support the exciting research being conducted that will some day end multiple sclerosis. Visit <https://www.nationalmssociety.org/donate> or <https://tischms.org/node/668>.✽

Meeting Notice

The Sanibel Community Association annual meeting will be held on Wednesday, April 27 at 8:30 a.m. at The Community House. RSVP by calling 472-2155 or stop by 2173 Periwinkle Way. If you are unable to attend but would like to make a donation, visit www.sanibelcommunityhouse.net. A donation of \$1,500 pays the electric bill for a month, \$750 pays the garbage bill, \$300 pays the water bill, \$120 pays the pest control bill.✽



CAPTIVA CHAPEL BY THE SEA
A PLACE WHERE GOD LIVES

LENT AND EASTER SCHEDULE

PALM SUNDAY

Sunday, April 10th • 11 am

CELEBRATION OF THE LORD'S SUPPER

Thursday, April 14th • Holy Thursday service 5 pm

GOOD FRIDAY SERVICE

Friday, April 15th • 12 noon

EASTER SUNDAY

Sunday April 17th • Worship 11 am

Come early on Easter; parking will be a challenge
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HOLY WEEK & EASTER

April 10th – 17th

PALM SUNDAY - SUNDAY OF THE PASSION

Saturday, April 9th – 5:00 p.m. &

Sunday, April 10th – 8 & *10:30 a.m.

Messy Church, Sunday, April 10th – 4:00 p.m.

***MAUNDY THURSDAY**, April 14th – 5:00 p.m.

Washing of the Feet, Holy Eucharist and Stripping of the Altar

***GOOD FRIDAY**, April 15th – 12:00 p.m. with Communion

*THE GREAT VIGIL OF EASTER

Sat., April 16th – 7:00 p.m.

Kindling of the new fire, lighting of the Paschal

Candle, Lessons, and Holy Eucharist

— EASTER SUNDAY EUCHARIST —

*7:30, *9:30 & *11:30 a.m.



The Rev. Bill Van Oss, Rector
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Crash Closes Causeway

by Wendy McMullen

Sanibel Mayor Holly Smith received multiple calls when a large number of residents found themselves trapped by a three-vehicle crash which closed the Sanibel Causeway in both directions for several hours on March 26.

“People don’t realize they’re calling my cell phone,” said the mayor on Tuesday, pointing out that the City of Sanibel does not own or operate the Sanibel Causeway.

Lee County Sheriff’s Office reported three vehicles involved in the crash and four people transported by ambulance to the ER for trauma. The accident occurred at 4:19 p.m., one of the busiest periods on Sanibel as visitors leave the island after a day on the beach. Multiple crews were on scene including Sanibel Fire Rescue District, Iona-McGregor Fire District and Lee County Sheriff’s Office.

Other problems reported by city councilman Dr. Scott Crater included drunk driving, someone brandishing a gun, loud music, partying, drinking and other drugs.

“I think we should ban all amplified music, full stop,” he declared, suggesting people use headphones to listen to music. “I could hear amplified music where I live a mile and a half away.”

The Lee County Sheriff’s Office reported that deputies have proactively patrolled the area of the Sanibel Causeway 71 times since March 1, 2022. This included area checks and proactive traffic control.✴

Vinyl Seawalls Finally Permitted

by Wendy McMullen

After years of discussion and exhaustive investigation, seawall engineers are now allowed to use vinyl in seawalls on Sanibel.

City Councilman Mike Miller observed that an enormous amount of time had been spent on this complicated question, and that while seawalls may

not be allowed everywhere, he was now persuaded that they could be repaired in an environmentally sound manner.

Carrie Schuman, coastal manager at Sanibel-Captiva Conservation Foundation (SCCF), said that SCCF now supports the use of vinyl since there were some positive inclusions and conditional limited use.

Planning Commissioner Karen Storjohann remained unconvinced.

“Vinyl is plastic. It breaks down and gets into our environment and into our food,” she asserted. “We may be a voice crying in the wilderness, but Sanibel has a history of marching to the beat of its own drummer.”

Sanibel City Council voted 4 to 1 in favor of permitting vinyl in seawalls with the exception of Vice Mayor Richard Johnson, who voted against.✴

All COVID Restrictions Now Rescinded

by Wendy McMullen

With Florida now in COVID green zone and nearly 72 percent now vaccinated, the City of Sanibel is lifting all restrictions and social distancing in city buildings.

This will include eliminating the reservation system in the weight room at the Sanibel Recreation Center, no longer requiring city employees to wear masks and removing the blocked seats forcing social distancing in city hall.

“Does this mean I can take one of these signs off this seat and give it to the historical museum?” asked Ty Symroski, picking up one of the placards blocking a seat.

Councilman Dr. Scott Crater was more cautious, however. Although in favor of removing restrictions, Crater said that while everything may be fine now, the city may need to consider reinstating the restrictions if COVID infections started to increase again.

“We may need to reinstate restrictions if we get back to the high zone,” Crater said.

City council voted unanimously to abolish COVID restrictions but were

divided on whether to offer a \$500 financial incentive to city employees to get initial vaccinations along with four hours leave for initial vaccinations and booster shots.

Council voted 3 to 2 to approve continuing the vaccination incentive with Vice Mayor Holly Smith and Vice Mayor Richard Johnson opposed.✴

Mayor And Vice Mayor Reelected

by Wendy McMullen

City Council voted to continue the tenures of Holly Smith as mayor and Richard Johnson as vice mayor at the city council meeting on Tuesday.

Smith was appointed to city council in 2017 and was subsequently elected to a four-year term in March 2018. Johnson was first elected to city council in March 2019. He is the owner of Bailey’s General Store and son-in-law of Francis Bailey, who served on the first city council following incorporation in 1974 and as mayor in 1979.✴

County Approves New LeeTran Transfer Station

The Lee Board of County Commissioners has approved two contracts to move forward with the construction of a new LeeTran Park-and-Ride and transfer station in south Fort Myers.

The project will be located at the existing parking lot at the Lee County Elections Office at 13180 South Cleveland Avenue.

The project will provide seven covered bus berths, ADA-accessible restrooms, custodial and electrical facilities, a technology room, as well as loading and unloading ramps with ADA accessibility that will provide a higher level of service, security and comfort for LeeTran passengers and employees.

Commissioners voted to approve a construction contract with

Owen-Ames-Kimball/Florida and an engineering services contract with Kisinger Campo & Associates for the project.

Construction is expected to take about a year. The budgeted project cost is about \$7.9 million and a portion of the project will be funded through a Federal Transit Administration grant.

The new facility will replace two bus shelters located on Bell Tower Drive.

For schedules or to learn more about LeeTran, visit www.rideleetran.com. LeeTran Customer Service can be reached at 533-8726 (press option 1) or email rideleetran@leegov.com.✴

Keeping Energy Costs Low

When it comes to cooling your home, Lee County Electric Cooperative (LCEC) recommends installing a smart thermostat that will automatically raise and lower the temperature at certain times of the day. Programmable thermostats not only save you time during the day, they can save you up to \$100 every year.

Air conditioning accounts for approximately half of most average monthly utility bills. LCEC recommends the following when it comes to air conditioning and your electric bill:

Set your thermostat at 83 degrees Fahrenheit if you are away from your home more than two hours and at 78 degrees Fahrenheit while you are home.

While away from home for more than two hours, set the thermostat at 83 degrees. If there is a pet in the home, leave the thermostat at 82 degrees.

Be sure your thermostat fan switch is set on the “auto” setting. This is more economical for temperature and humidity control.

Do not close air conditioning vents or interior doors when air conditioning is running.

Service your air conditioning system annually.

Check air conditioner filters monthly and change as needed.

Visit www.lcec.net for more information and tips on cooling your home without breaking the bank.✴

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This artwork by sixth-grader Siena Young will be displayed at posted areas secured by SCCF during the 2022 nesting season

Tips To Keep Shorebirds Safe

A short video at www.youtube.com/watch?v=eS6EWByVphs highlights the threats Sanibel shorebirds face every day and provides simple ways everyone can help these birds thrive

on Sanibel. The video was created by the City of Sanibel, Sanibel-Captiva Conservation Foundation (SCCF), "Ding" Darling Wildlife Society and Sanibel-Captiva Audubon Society. The following are tips to keep Sanibel's beaches safe for shorebirds nesting, resting and feeding:
Give wildlife space – Stay out of posted nesting areas and keep your



Artwork by second-grader Nathan Ames will also be posted at nesting sites

distance from nesting shorebirds and their young. If birds leave their nest, you are too close. Disturbance flushes birds from their breeding site, exposing eggs and chicks. Egg temperatures increase to lethal levels in just a few short minutes. Keep your dog on a leash and away from posted nesting areas – Unleashed dogs may cause harm to vulnerable shorebird chicks. The Sanibel leash law requires dogs on the beach to be attended

on a leash no longer than eight feet in length. Never chase wildlife – Forcing birds to fly wastes precious energy reserves needed for nesting and migration. Flushing birds may also lead to nest abandonment and leave flightless young vulnerable to predators and the hot Florida sun. Do not feed wildlife – Food scraps

continued on page 12

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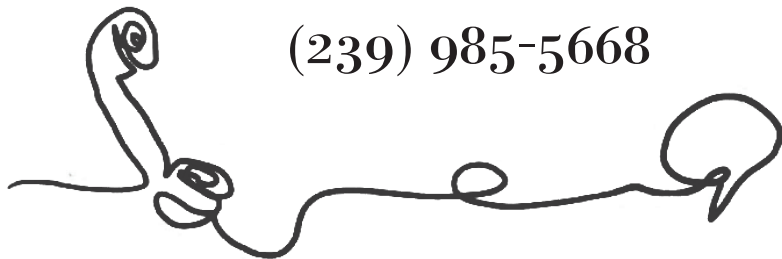
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Native myrtleleaf St. John's-wort is a low-maintenance, wildlife-friendly wildflower photo by Gerri Reaves

Plant Smart
**Myrtleleaf
St. John's-Wort**

by Gerri Reaves

Myrtleleaf St. John's-wort (*Hypericum myrtifolium*) is a member of the mangosteen family and native to five states in the southeastern U.S. It is one of several St. John's-worts native to Florida. It is found throughout much of the

state, where its native habitat is moist flatwoods and prairies, bogs, pond edges and ditches. This erect woody shrub grows up to three feet tall. The base is usually single-stemmed but loosely branched above. Bark on older stems can be corky. Pairs of leaves are generally oval or triangular with rounded tips and stalkless. The striking five-petaled golden yellow flowers are a half inch to an inch across and have up to 200 stamens.

They bloom mostly in spring and summer. Five sepals are leaf-like and curved into a saucer shape. They persist after the flowers are gone, leaving a star-like structure that resembles a green flower. Prior to opening, the closed tight flower perches in the center of the sepals. Give this wildflower full sun to partial shade and moist sandy soil. It is not tolerant of salt water, inundation, wind, or spray. The tiny seeds are found in a brown pyramidal or ovoid capsule. Both the seeds and foliage provide food for birds and mammals, and the flowers attract pollinators, particularly bees. Propagate it with the seeds. It sometimes spread via root suckers. St. John's-wort species are named for St. John the Baptist. They have many uses in herbal medicine, particularly for depression or mood disorders. However, take caution because they are well known for side effects due to interactions with other drugs. Sources: *The Field Identification Guide to Plants Used in the Wetland Assessment Procedure* by the Southwest Florida Water Management District, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, <http://floranorthamerica.org>, www.fnps.org, and www.webmd.com. *Plant Smart explores the diverse flora of South Florida.*✧

From page 10

Shorebirds

attract predators such as crows and gulls to the area, which prey on shorebirds and their hatchlings. Mind your line and secure trash that may injure or entrap wildlife – Visit www.mindyourline.org to learn how to best unhook an entangled bird. Remove all beach furniture and equipment from the beach by 9 p.m. to avoid nesting obstacles or wildlife entrapments. Fill holes/level sandcastles after your beach day – Flightless chicks and sea turtle hatchlings may fall into holes and become trapped. Leave the shoreline and the wrack line (area of seaweed and other material deposited at high tide) undisturbed to provide shorebirds food and critical habitat. Do not use flash photography, flashlights or phone lights near nesting wildlife. Fly your kite and drone away from posted nesting areas and wildlife preserves. Keep off the dune vegetation – Beach vegetation protects wildlife and their homes from coastal erosion. Leave personal fireworks at home and attend an official display instead – Close-range fireworks disturb nesting wildlife which may cause stress and nest abandonment. Teach visitors, neighbors and children these conservation tips. Violations of wildlife ordinances may be subject to city, state and/or federal fines and penalties and should be reported immediately to the Sanibel Police Department at 472-3111. In any life-threatening emergency, always dial 911 immediately. For more information, visit www.sancaplifefirst.org/shorebirds✧

Bird Walk With Audubon Society

The Sanibel-Captiva Audubon Society is offering a bird walk on Saturday, April 9 at 8 a.m. at Lakes Park in Fort Myers. Visit www.san-capaudubon.org for more information, including directions to the site.✧

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Time Of Day Or Tide?



by Capt. Matt Mitchell

One of the questions we are often asked by clients is: "What's the best time of day to fish?" The answer to this question is not as simple as you would think as there are

lots of variables. Water temperature, time of year, wind and tide are just a few.

Over the past few months of high season, we do both morning and afternoon charters. Reading and reacting to the day's conditions allows us to be in the places that set up best for success. No matter how good a certain place was on the previous day, when the wind and tide are different it's time to move on. Conditions are how and why we choose to fish a certain place and, knowing which locations set up best on, the day's wind and tide are the major factors.

While our water temperature is in the mid-70s currently, the tide is the most important factor. Morning low water has been the best trout bite along with snook in and around the passes. For sheer numbers of fish, the afternoon high water snook bite has been the better call and the high water has been most productive for redfish. Like always, the



Mike from Illinois with a afternoon snook caught while fishing with Capt. Matt Mitchell this week photo provided

wind speed and direction plays a major factor in how high or low the days tide will be.

During winter months while water temperatures are cold, afternoons are when the water is warmest and often produce the day's best snook bite. Summer is just the opposite with morning cooler water being when the fish are most active. During our spring and fall months while our water is in that perfect temperature zone, it's just not as important, and the tide movement is the most important variable.

Another big part of the puzzle is weather. Like I often talk about, approaching weather can really fire off the bite. Low pressure is a good thing while high pressure is generally not. Fishing the back side of a front during a high pressure can get tough. Something, as simple as an afternoon sea breeze kicking up from the west opens up other set of places to fish.

As a guide being on the water almost daily, you learn how to get the most out of what the day's conditions give you. Staying home and waiting on that perfect day to go fishing is not an option. Working out these patterns only comes with time served. The more time you spend on the water – just like anything else – the more success you will have.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆☆

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Pied-Billed Grebe



by Bob Petcher

The pied-billed grebe (*Podilymbus podiceps*) is known to be an expert diver, often termed part-submarine. Possibly due to its nearly full-time aquatic nature, this water bird is referred

to as a poor flyer and an awkward walker. However, its thick, chunky bill is effective in tearing into crustaceans for food.

At CROW, an adult pied-billed grebe was admitted from Cape Coral after being found upside down on the road and not moving. Upon further examination, CROW staff noticed the grebe was thin, severely dehydrated and suffered some head abrasions. X-rays revealed the grebe had a fractured coracoid in the left wing.

"Surgery used to be how fractured coracoids were treated, but recent studies demonstrated that conservative management without surgery was less invasive for the patient and had a great recovery rate," said Dr. Laura Kellow, CROW veterinary intern. "We find this to be the case in our patients, too."

Since the patient is a water bird, a body wrap was not practical and ruled out.

"With grebes, we try to have the patients in the water as much as possible



Patient #22-1102 rests its injured wing during down time at the clinic

photo by Adriana Ferello

to mimic their natural feeding behaviors, which means it is difficult to keep any type of wrap on the patient," said Dr. Kellow. "Instead, we restrict the patient's activity by limiting space and providing medications to help with stress and anxiety to prevent flapping."

The patient will continue to be monitored under supportive care and strict cage rest as it recovers.

"We usually strictly rest the patient for four to five weeks," said Dr. Kellow.

"Most coracoid fractures take roughly six weeks to heal, depending on the severity of the injury... this includes healing of the fractured bone itself as well as the physical

therapy/rehab time to build strength back up in their flight muscles.

"The cause of trauma in this bird is unknown, but it was likely blunt force, making injuries to the shoulder girdle – including the coracoid – common in this type of injury."

This patient could have been injured by a vehicle strike while making its way back to its northern breeding grounds. According to the National Audubon Society, while they can make their full-time homes in the southern part of the continent, some pied-billed grebes do have migratory habits. Northern birds may fly down to winter with the year-round

populations during September and October, then depart back north in March or April.

Nevertheless, this pied-billed grebe will be grounded for a while before spending time outdoors for flight training.

"Since this bird will have been cage-rested for several weeks while the bone heals, it will need time in a larger outdoor enclosure to build back its muscle strength – by swimming and taking short flights, as its muscles may have atrophied or weakened temporarily due to weeks of rest. (It is) similar to when people go back to the gym after a long period of lack of exercise," said Dr. Kellow. "It's important for birds to have endurance to maintain flight capabilities, and in this particular bird, diving abilities, in order to survive."

The pied-billed grebe will need time to heal, particularly since its injury is related to wing movement and the coracoid serves to stabilize the shoulder joint.

"This type of injury usually has a good recovery rate, but we won't know the outcome for sure until the bird is further along in the healing process," said Dr. Kellow. "We have our fingers crossed for a successful recovery and eventual release for this patient."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. Admission includes the daily presentation and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Wildlife Walk With Rehabilitators and Staff – Monday to Friday, 11 a.m. to 12:30 p.m. and 2 to 3:30 p.m., and Saturday, 11 a.m. to 12:30 p.m. Cost is \$25 and includes general admission.

Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. This program is not recommended for children under the age of 13. Advance registration is required. To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Friday, April 8, 11 a.m.,

Patient Profiles: Vultures – Vultures are



unique and play a beneficial part in the ecosystem. Take an overall look at vultures and their contributions to the environment. Explore vultures from different countries, learn about their positive role in human and wildlife health, and what you can do to help their conservation efforts.

Friday, April 8, 2 p.m. Species Profile: Sea Turtles – CROW is the only licensed sea turtle facility in between Sarasota and Marathon. From boat strikes to washback hatchlings, one of CROW's team members explains why they are admitted and how the medical staff treats this species.

Saturday, April 9, 11 a.m.,

A Day in the Life – Students and volunteers share their favorite patient stories and give you an inside look at what happens behind the scenes.

Monday, April 11, 11 a.m.,

A Day in the Life – Students and volunteers share their favorite patient stories and give you an inside look at what happens behind the scenes.

Monday, April 11, 2 p.m.,

Patient Profiles: Virginia Opossums – Virginia opossums are the only marsupial native to the United States. They are highly adaptable and a unique member of Florida's wildlife. Learn how they play an

important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, April 12, 11 a.m.,

Raptors in Rehab – The rehabilitation process for raptors is dependent on their age. There is potential for imprinting in hatchlings and nestlings. Rehab staff must take proper precautions to prevent habituation and ensure success in the wild once released. Adult raptors have physical characteristics helping them to hunt prey, defend themselves from predators, and other natural survival behaviors. This talk will cover how their talons, beaks and strength make it important for hospital staff to be trained in proper handling.

Tuesday, April 12, 2 p.m.,

Species Profile: Bats – Bats are the only true flying mammals on earth and can be found throughout Southwest Florida. Their many physical adaptations provide them with unique advantages in the ecosystem. This presentation discusses the common bat species found around Florida, general characteristics of bats, why bats come into CROW, and their benefits to both the ecosystem and humans.

Tuesday, April 12, 4:15 p.m.,

Speaker Series: The Truth About Pollinator Declines (in person or virtual via Zoom) – presented by Mary Bammer, instructional designer for UF/IFAS Honey Bee Research and Extension Lab. Learn why bees are so important, what types of bees can be found in Florida, and simple steps you can take to support local bee populations. To

register virtually, visit www.crowclinic.org/articles/2022-speaker-series.

Wednesday, April 13, 11 a.m.,

Wildlife Rescue 101 – Animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line, this program covers wildlife rescue assessment as well as handling techniques. One of CROW's animal ambassadors will be present.

Wednesday, April 13, 2 p.m.

Patient Profiles: Virginia Opossums – Virginia opossums are the only marsupial native to the United States. They are highly adaptable and a unique member of Florida's wildlife. Learn how they play an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, April 14, 11 a.m.,

Patient Profiles: Birds of Prey – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, April 14, 2 p.m.,

Species Profile: Florida Felines – There are two different species of wild cats inhabiting Florida. This presentation will cover how to identify them, the history of the two species, and the challenges they face in a state where human development continues to increase exponentially.✧



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Detective Is Back For Orchid Society Meeting

The topic for the Sanibel Captiva Orchid Society meeting on Monday, April 18 at 1:30 p.m. will be The Orchid Detective. The program will be presented by Susan Crosley of Quazzi's Orchid Rescue. Many Sanibel residents know Crosley in her previous work as a horticulturist at Forever Green Ace Hardware on Sanibel. She has been working the past year helping Bob Meyer, who has been giving landscape maintenance and gardening advice on Sanibel for over 30 years. Meyer recently purchased Exotic Orchids, now known as Bob's Botanicals in Fort Myers.

As an "orchid detective," Crosley has been helping Meyer rehabilitate and identify orchids left in the greenhouse by the previous owners. She has also been helping him add his own collection of bromeliads, orchids, driftwood sculptures and an array of botanicals to the sales mix.

The meeting will take place at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel.

Orchid enthusiasts are encouraged bring their questions and be prepared to participate in orchid sales as well as a plant raffle. There will be no



Most orchid collections are at their peak during spring in Southwest Florida photo provided

charge during the spring season for past Sanibel Captiva Orchid Society members. Guests are \$5. For more information about the club, visit www.sancaporchid.org.

Exclude Bats Prior To Start Of Maternity Season

The Florida Fish and Wildlife Conservation Commission (FWC) reminds people to check homes and other buildings for roosting bats before maternity season starts. While Florida's 13 native bat species are generally beneficial and typically roost in trees, caves or other natural spaces, sometimes they are attracted to human-made structures.

April 15 marks the start of bat maternity season and is the last day to legally exclude bats from your home or building. Bat maternity season, the time when bats give birth and raise their young, runs through August 14. During that time, it is illegal to block bats from their roosts. If bats are excluded during maternity season, flightless young can be trapped inside the structure and die. Therefore, now is the time to check your home for any entry points, ensure that no bats are present and make any necessary repairs. If bats are found, you should take steps now to exclude them before bat maternity season begins. It is only legal to use exclusion devices from August 15 through April 15.

Exclusion devices, which allow bats to safely exit a structure but block them from returning to roosts, are the only legal and most effective method to remove bats from your home or building. It is illegal in Florida to kill or

harm bats, so exclusion guidelines were developed to ensure bats are excluded safely and effectively from buildings outside of maternity season. Bat exclusion is a multi-step process that begins by identifying all potential bat entry and exit points in a building. To legally exclude bats, exclusion devices must be installed on key exit points, left up for a minimum of four nights and the exclusion must be conducted when the overnight temperature is forecast to be 50-degrees Fahrenheit or above.

Bats are ecologically and economically beneficial. They serve critical functions worldwide due to their roles in insect pest control and as pollinators and seed dispersers, plus their guano can be a valuable fertilizer. Florida's bats are insectivores, and a single bat can eat hundreds of insects each night, including mosquitoes and other garden and agricultural pests.

Florida's native bat populations include threatened species such as the Florida bonneted bat. There are several ways Florida residents and visitors can help bats:

Preserve natural roost sites, including trees with cavities or peeling bark;

Leave dead fronds on palm trees to provide roosting spots for bats; and

Install a bat house on your property. Report unusual bat behavior, as well as sick or dead bats to www.myfwc.com/batmortality. For more information about how to properly exclude bats as well as other tips to bat-proof your home, visit www.myfwc.com/bats and click "Bats in Buildings."



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Bailey-Matthews National Shell Museum
Shell Of The Week

The Alabaster Jewelbox



by José H. Leal,
PhD, Science
Director and
Curator

A*mplichama inezae* (FM Bayer, 1943) reaches about 20 mm (0.8 inch), and has a circular to oval shell with thin, erect, ruffled,

commarginal (“concentric”) lamellae present on both valves. The inside of the Alabaster Jewelbox shell margins is smooth. The color varies from alabaster to yellowish white. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell Museum is a natural history museum, and the only accredited museum in the United States with a primary focus on shells and mollusks. It is open daily from 10 a.m. to 5 p.m., located at 3075 Sanibel-Captiva Road. To make a secure donation, visit www.sanibelmuseum.org. For more information, call 395-2233.✧



The Alabaster Jewelbox, *Amphichama inezae*, from off West Palm Beach

photo by James F. Kelly

Rare shell find? Stop by our office at 1640 Periwinkle Way so we can take your photo for publication, or email press@islandsunnews.com.

American Legion Post 123

American Legion Post 123 is having a fundraiser this Sunday, April 10 to help cover costs of maintenance and repairs. The barbecue begins at noon and live music goes from 3 to 6 p.m.



A ham dinner will be served on Easter Sunday and the egg hunt begins at 1 p.m.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m. Residents and visitors are invited to play.

The 8-Ball Pool League banquet will be held on Monday, April 11 at 5 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers.

It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.✧

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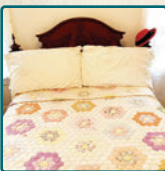


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APRIL EXHIBIT

Quilt Show | April 1 - 30

The Sanibel Historical Village presents a quilt show. Some 40 quilts will be displayed throughout every building of the Village.



ADMISSION: \$10.00 adults
18 & over; children are free.

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- Special Events
- Volunteer Opportunities

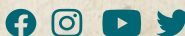
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Mary Bammer

photo provided

Speaker To Discuss Threat To Pollinators

The Clinic for the Rehabilitation of Wildlife (CROW) weekly speaker series continues on Tuesday, April 12 with The Truth About Pollinator Declines presented by Mary Bammer, instructional designer at UF/IFAS Honey Bee Research and Extension Lab. Gain the knowledge and appreciation

necessary to become a “speaker for the bees” or one who advocates on their behalf. In this presentation, Bammer will discuss why bees are so important, the types of bees found in Florida and simple steps you can take to support local bee populations. Programs begin at 4:15 p.m. and are approximately one hour in length. This talk will be presented in person at CROW’s Visitor Education Center and will also be offered virtually over Zoom. so advance registration is required. Admission per person or device is \$10 plus

applicable taxes and fees. To reserve your spot, www.crowclinic.org/articles/2022-speaker-series or call 472-3644 ext. 222. CROW’s 2022 speaker series features weekly programs, offered January through April, hosting professionals from across Southwest Florida. For a schedule of presentations and topics in the series, visit www.crowclinic.org.✱

Guided Native Plant Walks

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. Tours are scheduled for: Wednesday, April 13 and Saturday, April 23. Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with little maintenance, is good for the environment and will attract birds and butterflies. Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires little maintenance, no fertilizer and no supplemental irrigation. Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road. For more information, email san.dnr@mysanibel.com or call 472-3700.✱

What’s Happening At The House

- MONDAYS**
10 am Shell Crafter Lesson, Limited Seating
APRIL 11TH & 18TH
9:30 am Oil Painting w/ Suzette
- TUESDAYS**
12:30 pm Social Bridge
1 pm Line Dancing w/ Valorie Wolf
- WEDNESDAYS**
1 pm Painting w/ Friends
WEDNESDAY, APRIL 13TH
Community Social
5 pm Meals To Go
6 pm Dine In
WEDNESDAY, APRIL 27TH
8:30 am Annual Board Meeting
- THURSDAYS**
1 pm Chair Stretching w/ Mahnaz
- FRIDAYS**
1 pm Hearts Card Club
SATURDAY, APRIL 9TH
9 am - 2 pm Art-Craft Show
SATURDAY, APRIL 23TH
9 am - 12 pm Shredding
SUNDAY, APRIL 10TH
1 pm Kids Cooking

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For Full Schedule of ALL Happenings, visit
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Bill Bachman and Blair Wyatt
photos provided



From left, Lois Codair, Frankie Tozzi, Jay Nagle and Karen Roberts



Judy McBroom and Julie Kocurek

Historical Village Honors Volunteers

The Sanibel Historical Village held its Volunteer Appreciation Luncheon last week to honor its more than 100 volunteers and docents. The gathering was held at Thistle Lodge at Casa Ybel Resort. Volunteers celebrating milestone anniversaries were acknowledged.

“We couldn’t do it without you,” board president Bill Rahe told the volunteers. “Truer words were never spoken.”

Years of service pins were handed out along with red roses. Celebrating five years of service were Ginny Darby, Ken Gnazzo, Annette Hendrick and Bruce Richardson. Marking 10 years of service were Buzz Griffin, Karen Roberts, Susan Rosenberg, Barry Roth and Sally Shelton. Fifteen-year service pins were awarded to Bill Bachman, Lois Codair, Gail Garlinghouse, Kathy Lear and Kevin O’Donnell. Celebrating 20 years of service were Annette Cantalupo and Deb Gleason.

“I also want to note that volunteer Jan



Lisbeth Herbst and John McGrath
Halliday has 27 years of service this year and Jeri Magg has 23 years of service. It’s that kind of dedication that keeps our village running,” said Emilie Alfino, executive director. “Naturally, I think we have the best volunteers on the island – or anywhere. And we had a fantastic



From left, Jean Byce, Gina Sproch, Bonnie Frankel and Nancy Siegel
committee planning the lovely luncheon. It couldn’t have been nicer.”
The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. The village is located at 950 Dunlop Road (next to

BIG ARTS) and there is handicap access. Admission is \$10 for adults over 18; no charge for members and children. For more information, call (239) 472-4648 during museum hours or visit www.sanibelmuseum.org.✱



From left, Alice Greenspan, Annette Cantalupo, Terry Jacob and Andrew Jacob



From left, Pete Halliday, Clivie Goodwin, Jan Halliday, Alan Lessack and Edina Lessack

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Refuge Holds Drive-Through Awards Event

Once again, this year, COVID-19 precautions meant a new way of appreciating volunteers for the JN “Ding” Darling National Wildlife Refuge. In years past, staff presented awards at a luncheon gathering hosted by the refuge and “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Last year, the refuge introduced the idea of a drive-through event.

“Visitor Services Ranger Katy Hosokawa came up with a very creative solution,” said Supervisory Refuge Ranger Toni Westland. “We hosted a drive-through appreciation event on a Friday, when Wildlife Drive is closed to the public. It was so successful, we repeated it this year with our April No Foolin’ Volunteers Appreciation Drive-Through on Friday morning, April 1. We invited the volunteers to drive by 13 stations where they played games, observed wildlife, and received gifts, awards and lots of cheering and the enthusiastic gratitude they deserve.”

Refuge and DDWS staff and interns attended the stations, along with guest organizations that will be participating in “Ding” Darling Day on Sunday, April 24 at Lakes Park in Fort Myers. More than 90 volunteers participated with big smiles and compliments about the event.

“Of course, volunteer numbers were



Doris Hardy received an award for 10,000 volunteer hours photos provided

down this year due to COVID surges and because the visitor and education center exhibits did not reopen until after annual statistics were tallied,” said Hosokawa. “But we are mighty proud of our volunteer numbers, regardless.”

Hosokawa reported that in fiscal year 2020-21, 361 volunteers worked 18,522 hours at the refuge, representing a labor and benefits savings of more than \$528,000. That amounts to the equivalent of more than nine full-time staffers.

DDWS formed in 1982 specifically to support a volunteer corps after the



Refuge Manager Kevin Godsea and DDWS Nature Store Senior Assistant Carrie Harmon greet and thank drive-by volunteers

opening of the refuge’s first visitor center that year. More than 11,000 people visited in the first month once the center opened, overwhelming a staff unaccustomed to dealing with the inquisitive public.

“Volunteers stepped in then to fill in the gaps left by inadequate federal funding, and they continue to do so today as the budget steadily declines,” said DDWS Executive Director Birgie Miller.

Following is a list of volunteers who won awards for reaching hour and year

- achievement levels.
- Years Awards**
20 years: Denny Souers
10 years: Judy Barbieri, Carolyn Bergen, David Keen, Judy Perkins, Tom Ware, Jack Waszmer
- Hours Awards**
10,000 hours: Doris Hardy
6,500 hours: Patty Wettstein
2,500 hours: Randy Reed, Sandy Reed
2,000 hours: Janet Lucree
1,500 hours: Nancy Riley, Karl Werner
1,000 hours: Lyndon Borrer, Carl Greenbaum, Sandra Greenbaum, Cindy Seaman, Jack Waszmer
500 hours: Richard Jones, Sharon Jones
250 hours: Christine Columbus, Rose Flaherty, Rick Herbst, David Jeffries, Mary Meyer, Trish Sutherland, Randy Reed, Sandy Reed
150 hours: Christine Columbus, Rick Herbst, Robin Kirk, Delores Lobbato, Mary Meyer, Cristina Shaul, Matt Shaul, Donna Wilmot, Susie Wilson.*

Blood Drive On Sanibel

There will be a blood drive on Friday, April 29 from 10 a.m. to 3 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.*

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Art League Member Exhibit



Oil painting of white pelicans by Jan Rutledge

image provided

A one-woman show by Sanibel Captiva Art League oil painter Jan Rutledge is on exhibit at The Community House for the month of April. Rutledge spends winters on Sanibel, where she picked up her first paint brush.

The show reflects Rutledge's love of painting animals and she tries to capture their expressions, the soul of who they are. Subjects include chickens, pigs, cows, horses and birds. This collection also includes many landscapes. Rutledge spends her summers in Colorado on her ranch, where from her small studio, she paints from a huge inventory of local flora and fauna.

Rutledge's inspiration and training

came from family and friends. Her father was an excellent watercolorist, while her mother did award-winning Sailor's Valentines. Several of their friends were great artists and all of them were her inspiration to give painting a try. While having no formal training, she has been fortunate to have many friends who have helped and encouraged her adventure in art. She has taken many workshops and is always learning. For Rutledge, painting has been an exciting journey.

The Community House is located at 2173 Periwinkle Way, open Monday through Friday from 10 a.m. to 3 p.m. and during special events on the weekends. For more information, email aamejo@gmail.com.✽

Luncheon And Panel Discussion On Cyber Crime

The Above Board Chamber of Florida will hold a luncheon seminar featuring experts sharing tips on ways to keep businesses from becoming victim of Internet crimes at the Crowne Plaza Bell Tower on Friday, April 15 from 11:30 a.m. to 1 p.m.

The panel will include James Bryan Caudill-Ritter, founder and CEO at Pulse Technology Solutions; Patrick Neale, attorney, civil mediator and arbitrator at Patrick Neale & Associates; Kelly Hickok, investigator with the economic crimes unit for the state attorney's office of the Twentieth Judicial Circuit; and John Schlager, CEO and co-founder of Inceptus. The emcee will be Dave Elias, chief political correspondent for NBC2 News.

Tickets are \$40 for members and \$45 for non-members, and must be purchased by Monday, April 11. Sponsors include Caudill-Ritter and Brett Turner, owner of

Leapin' Lawns. The featured nonprofit is Trish Fancher, executive director of Keep Lee County Beautiful.

Cyber crime is a lightning fast weapon that takes down governments and businesses around the world. Internet criminals target businesses and private citizens, bringing threats like identity fraud, ransomware and even devastating viruses. Despite the constant threat, there are ways that businesses and individuals can protect themselves.

Crowne Plaza Bell Tower is located at 13950 Bell Tower Drive in Fort Myers. For more information and to register, call 910-7426 or visit www.aboveboardchamber.com.✽

Drug Abuse Is On The Rise

Narconon reminds families that drug abuse is on the rise in almost every community nationwide. To learn more, visit www.narconon-suncoast.org/blog/a-letter-to-any-family-dealing-with-addiction.html. Call 877-841-5509 for free screenings or referrals.✽

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- Chef's Carved Beef Tenderloin
- Chef's Carved Rack of Lamb
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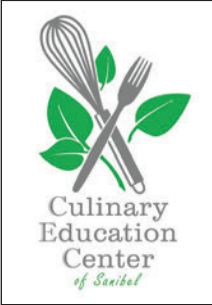
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The Community House

Florida Fresh Sweet Corn



by Chef John Wolff

When many of us think of corn, states like Iowa, Illinois and Nebraska (the nation's top three corn producing states) might come to mind. Although corn is produced in every single state throughout the country, most is produced for beef cattle production. Florida is actually the top producer of sweet corn used for the fresh market in the United States. Sweet corn is a genetic mutation of field corn and was reportedly first grown in Pennsylvania in the mid-1700s. The naturally occurring genetic mutation causes kernels to store more sugar than field corn. The first commercial variety was introduced in 1779. To capture maximum sweetness, sweet corn is harvested before it fully

matures, while sugar content is still high. "Super sweet" hybrid varieties have been developed over the past 25 years. These genetic advances have improved the quality of both fresh and processed products. Super sweet varieties offer longer shelf life, extended marketing windows and the delivery of higher quality products throughout the year. There once were many corn festivals throughout the state but largely due to other factors and the recent COVID-19 pandemic, there is only one that I was able to confirm and that is the Sweet Corn Fiesta on Sunday, April 24 from 11 a.m. to 5 p.m. in West Palm Beach. The early adoption of corn by the Spanish that came to what is now Florida was part of a larger collision between the Americas and Europe that historians call "the Columbian exchange." Colonizers introduced pigs to the Western Hemisphere, for example, and took home tomatoes, corn and hot peppers never before seen in Europe. Florida pioneers in the early to mid-19th century had to provide for themselves and produce most of their own daily necessities. The quality of their life depended on the time they spent working on the farm. They worked in their gardens and fields to provide food for their families to eat and to create goods for trade, and corn was among the staple crops planted at that time. After the Civil War, people ordered

most of their garden seeds from catalogs. A year's worth of seeds cost about \$10. Many companies gave their catalogs out for free and offered prizes to those who grew the largest vegetables with their company's seeds. Corn was a very profitable crop for Florida pioneers. It was planted from February through April and harvested in the late summer months. After the corn

was cribbed, the land could be used for growing peas and sweet potatoes. Peas were sometimes planted between the rows of corn to be used as a fertilizer and a secondary crop. Here is the recipe for a Roasted Corn Chowder that I prepared for our last Low-Country Boil community social here at The Community House on March 8.

Roasted Corn Chowder
3 ears corn, roasted and kernels removed from cob
1 qt. unsalted chicken stock
8 slices bacon, diced
1 medium yellow onion, diced
2 roasted poblanos, diced
1 roasted red bell peppers, diced
2 rib of celery, diced
6 baby new potatoes, diced
¼ cup all-purpose flour
¼ cup gold tequila
½ bunch cilantro, minced
1 tbsp. oregano, minced
1 lime, juiced
½ cup heavy cream
Garnish
6 tbsp. cotija cheese, crumbled
Lime wedges
Crumbled bacon
Cilantro leaves
Method
Place ½ corn kernels plus all cobs into a pot with the stock and simmer for 20 minutes.
Discard cobs. Puree kernels and stock in a blender until smooth and transfer to a large measuring cup or bowl. Set aside.
Place pot back on stove over medium heat and render bacon, about 5 minutes. Remove from pot and drain onto paper towels.
Drain all but 3 tbsp. grease from

pot. Add onions, roasted peppers, celery and potatoes. Sauté for 5 to 7 minutes or until the vegetables begin to sweat and soften.
Stir in remaining corn kernels and season with salt and pepper.
Sprinkle flour over vegetables and stir together. Cook mixture, about 3 minutes. Continue to stir while adding tequila to deglaze.
Stir corn infused stock into vegetable mixture until fully incorporated and no flour lumps remain. Allow mixture to come to a hard simmer, about 10 minutes, or until the mixture thickens and potatoes are fork tender. Season with salt and pepper and stir.
Reduce the heat to medium-low and stir in herbs, half the cooked bacon and lime juice.
Remove from heat and stir in the cream and adjust seasonings. Top with a sprinkle of cotija cheese, remaining bacon and cilantro leaves. Serve with extra lime wedges.
John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✪

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BIG ARTS Monday Night Film Series

Belfast

by Di Saggau

The BIG ARTS Monday Night Movie for April 11 is *Belfast*, a semi-autobiographical film that chronicles the life of a working class family and their young son's childhood during the tumult of the late 1960s in the Northern Ireland capital. It is Kenneth Branagh's most personal film to date, depicting a violent, tumultuous time through the innocent, exuberant eyes of a 9-year-old boy. We witness events of the summer of 1969 from the perspective of a child named Buddy, Branagh's stand-in, played by Jude Hill. We see and hear things the way Buddy does. It's shot in gentle black and white with sporadic bursts of glorious color.

When a Protestant mob charges down his block trying to root out the neighboring Catholic families, the trash can lid Buddy had been using as a toy shield suddenly becomes a vital piece of protection against flying rocks.

Branagh draws authentic performances from his perfectly chosen cast. He views his parents as movie star glamorous, like the actors in pictures he longs to see each weekend at the local movie house. His mother (Caitriona Balfe) is elegant and feisty, while his father (Jamie Dornan) is charismatic and kindhearted. Judi Dench and Ciaran Hinds have an effortless chemistry as his grandparents, teasing each other mercilessly from a place of



image provided

deep love and affection. As the Protestants mount a full-on assault on Catholic households, Buddy is coming to terms with love, religion, growing up and the prospect of leaving his stomping ground for a life in England. *Belfast* runs 97 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Margie Peters will lead a discussion. Tickets are \$10 and can be purchased online or at the box office. BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.

Poetry Corner



by Clay C. Ewell

We Move Lightly

We move lightly, as if a mist risen from still water flowing with faint

Breezes over the land, becoming the air, becoming the dampness,

Dew drops on the grass, upon the tips of down turning leaves.

We move lightly from shadow to lightness to shadow again, Insinuating our presence around and within the rank and file of the mind.

We reside in places unseen, within the folds and creases of thoughts
Once thought but now forgotten or it would seem so, at least that
Whisper remains, that sense of the familiar when all else has changed.
That faint longing for another place, another time, a wish yet to be
Fulfilled, the scent of moist skin or the soft sounds of dream drifting
slumber.

We come lightly through the shadowy air, moving through the breathless
Stillness, in those moments now and then gone like the twinkling of
Starlight in the night sky, seeking to be held, to be in this life but for
Another moment, to fill the aching heart, to embrace the emptiness
That once was a dream, unattainable, despairing yet remaining in its
sacred time.

Clay C. Ewell resides on Captiva with his wife and four-legged family. Self-employed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandsunnews.com.

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 1-2 tablespoons scallions, trimmed and chopped
 1/3 cup extra virgin olive oil
 2 cups mixed greens
 Balsamic vinegar, to taste
 Salt and pepper, to taste
 Toss together the watermelon, mozzarella, basil, scallions and oil. Season with salt and pepper. Serve over a bed of greens. Drizzle with balsamic vinegar if desired.✪



Watermelon and Mozzarella Salad

photo courtesy Fresh From Florida

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Wahine Toa camper paddles across San Carlos Bay

photo provided

Sea School Offers Ocean Warrior Camp For Girls

submitted by Shannon Stainken,
Youth Education Director

Sanibel Sea School will offer another week of a female-led, girls-only paddleboarding camp called Wahine Toa from June 20 to 24. Wahine toa is a Polynesian phrase that roughly translates to “fierce ocean woman warrior.” The week is designed to inspire women empowerment and nudge participants out

of their comfort zones. Girls will have the opportunity to not only build friendships but also enhance their confidence with a variety of paddle-based and life skills activities.

Sanibel Sea School Marine Science Educator Kim Bouwkamp will be leading the camp. “I am excited to get out on the water with the group and help them learn necessary skills while having a lot of fun. I was fortunate enough to grow up in Michigan near many waterways and spent a lot of summers paddling and exploring. Paddling is a great way to immerse yourself in a new environment and open yourself up to many different experiences in nature.”

Campers will learn strokes and techniques needed to feel confident on the water. Rain or shine, they will be launching on standup paddleboards (SUP) for day trips to explore different areas around the island. They will learn how to navigate, read the water, anticipate changes in tides and winds, and trip planning. Skills will be put to the test on an epic scavenger hunt through the east end canals.

Although the focus of the week is paddling, there will be opportunities for the girls to learn life skills such as how to jumpstart a car and hook up a trailer. In addition, all campers will have the chance to become certified in CPR (cardiopulmonary resuscitation), first aid, and AED (automated external defibrillator) proficiency through the American Heart Association. “These are important skills to have in life, no matter what career or life path these girls choose,” said Bouwkamp.

The greatest challenge will be at the end of the week during a six-mile paddle from the Sanibel Causeway to Fort Myers Beach after spending the night on an uninhabited island. Campers should be prepared to spend a week overcoming discomfort, exhaustion and, of course, mosquitoes and no-see-ums to gain impactful experiences and memories for a lifetime.

Register for Wahine Toa camp at <https://campscui.active.com/orgs/SanibelSeaSchool#/selectSessions/3111244>. For more information, call 472-8585 or email sanibelseaschool@scsf.org.

Shell Found



From left, Ale, Nolan, Matt and Trevor Brown
photo provided

The Brown family from Colorado was visiting Steve and Lena Brown of Sanibel recently and found a large lightning whelk.✱



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Highlights From 'I Am Special' Trailways Camper Reunion



Mayor Holly Smith takes a turn on the dance floor with Trailways Camper Glen Stille, left, and caregiver Don Kulbacki, right, at the "I Am Special" Trailways Camper Reunion, held on April 2 at Sanibel Community Church. Adults with special needs, family members and caregivers were joined by guests from the community to celebrate relationships built through Trailways Camp. Music and dance opportunities were donated by David Flory of Island Ballroom.

photos by Jesi Cason Photography



From left, Trailways Camper Terri Odato, Carolyn Rogers of The Sanibel Captiva Trust Company and Trailways Camper Barry Burris enjoy a dance



From left, Bob Risch, Grampy and Jim Castle of Grampy's Charities presenting a \$10,000 sponsorship check to Sharon and Jerry Miller, founders of Trailways Camp



From left, Roxanne and Jeff Buchholz (board chair of Protected Harbor, Inc.) with Sara Owen, CEO of Collaboratory, and Sharon Miller, founder of Trailways Camp



Loretta Mottram, executive director of Protected Harbor, Inc., displaying the balloon artistry of Wild Ace Entertainment, represented by George Gilbert



Jerry Miller recognizes Sanibel resident Cliff Nolan as Volunteer of the Year. Nolan donated time and skills to provide numerous site improvements at Riverside Camp and Retreat which improved accessibility for covered outdoor activities, horseback riding and campfires.



Trailways Camper Joshua Soper singing *Lord, Listen To Your Children Praying*



The "Joyful Spirit" Academy, in the name of the late Benjamin G. Miller, was introduced



Kristin Colandra earned the Founder's Award for The Biggest Fish (19 inches)



Janie Combee, 73, received The Elder Founder's Award



Emcee Steve Greenstein of The Sanibel Captiva Trust Company



Trailways Camper Annie Collins during the welcome and opening prayer led by Senior Pastor Jeramie Rinne



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Book Review

Her Hidden Genius



by Di Saggau
Marie Benedict has written several novels about women who have achieved greatness and not always received the recognition they should. Her latest, *Her Hidden Genius*

focuses on a woman who sacrificed her life to discover the nature of our very DNA. Her world-changing contributions were hidden by the men around her. Dr. Rosalind Franklin's pivotal role in the discovery of DNA gets the recognition she deserves in this new novel. The story begins in 1947 with Franklin's time in a Paris Lab. After being unwelcomed in London's scientific community, the 26-year-old chemist is thrilled to fit right in with her fellow researchers. She has expertise in X-ray crystallography, a technique for documenting molecular structures. In 1951, an obsession with her womanizing boss, Jacques Mering, sends her back to London and a fellowship at King's College. Here she deploys crystallography to map DNA molecules. Dr. Franklin crosses paths with other

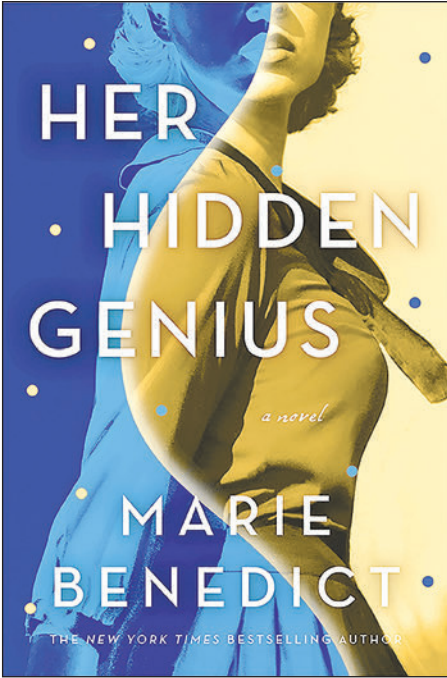


image provided

DNA experts, including two men who later claim all the glory and the Nobel Prize after stealing years of her work. Dr. Franklin verifies the structure of DNA and its helix shape, but the men undermine her at every turn. Rosalind knows if she just takes one more X-ray picture, one more after thousands, she can unlock the building blocks of life. Her work paves the way for antiviral vaccines, but Franklin could never have predicted what would unfold next.

The cancer that killed her in 1958 is thought to be due to long-term exposure to X-rays. *Her Hidden Genius* gives warmth and in-depth science to a novel

about Rosalind Franklin, who changed the world with her discovery. The book is available at MacIntosh Books and Paper, 2340 Periwinkle Way, on Sanibel.✧

School Smart



by Shelley M. Greggs, NCSF
Dear Shelley, This article is to make you aware of how important a vision screening is for all children and especially younger children. Seeing the

chalkboard, or if learning at home, the computer screen, is one of the most basic functions in education. Research has shown, repeatedly, that if a child can't see, they're going to have an awfully hard time in school. And yet too often this simple procedure is overlooked.

Very recently – and not surprisingly research showed that children with a vision problem during the pre-school years perform significantly worse on tests of early literacy, and that poor performance early on affects their reading scores when they reach the third grade, says Kira Baldonado, director of the National Center for Children's Vision and Eye Health. She also says that most educators and parents know it's important to identify vision problems for children, but there just hasn't been a national consensus and unification around the approach for screening.

Here are some guidelines about vision screening from the National Center for Children's Vision and Eye Health. For preschool and kindergarten children, vision screening at ages 3, 4 and 5 is recommended. The primary purpose of screening this age group is to detect amblyopia and uncorrected amblyopia risk factors, including hyperopia, myopia, astigmatism and anisometropia. Vision screening begins with a review of signs and symptoms – or "red flags" – indicating a child may have a vision or eye health disorder that requires attention from a primary care provider or eye care professional.

Between ages 6 and 17, a vision

screening at ages 8, 10, 12 and 15 is recommended. The purpose of screening the vision of school-aged children shifts from a primary focus on prevention of amblyopia and detection of amblyopia risk factors to detection of uncorrected refractive errors and other eye conditions that could potentially impact the students' ability to learn or to affect their academic performance. Periodic vision screening during the school years is important for school-aged children because refractive errors, such as myopia, and other visual disorders may emerge for the first time throughout these years.

There are only 15 states that require vision screening for preschool-aged children in the developmental time period that experts say is critical for identifying vision problems that can cause permanent blindness or vision impairments for life. "Knowing you've seen a child too late is very frustrating," said Millicent Peterseim, a pediatric ophthalmologist and the chair of the vision screening committee for the American Association of Pediatric Ophthalmology and Strabismus.

It's important to note that screening early doesn't mean states and schools should stop screening later. "We like to make sure that every child has their vision checked every year," said Peterseim. "Children's eyes change as they grow. If a student received glasses in first grade, they may have a completely different prescription in third grade."

"Schools play an important part in making sure vision screenings happen. For families that don't seek regular medical care, or are unsure of the medical system, schools can be a place they trust, where people already know their child," said Baldonado. Schools can also make sure kids are connected to care by providing information on where to receive a full eye exam or on organizations that provide free glasses. This is a critical function for schools because some children fall through the cracks. They are picked up at the school screening, but for whatever reason, there is no follow through, and some kids never

continued on page 32



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Tomato Pie On The Menu For Cooking Class

The monthly Cooking with Leslie virtual cooking class sponsored by FISH of SanCap will take place on Thursday, April 21 beginning at 2 p.m. via Zoom.

Tomato pie is the featured main dish, finished with sweet scones for dessert. "We look forward to learning how to make this savory summertime classic and hope many will join us for our popular cooking class," said Jennifer Pagano, FISH education and outreach director.

Leslie Adams, chef and owner of Sanibel Captiva Catering/Catering by Leslie Adams, will lead the lesson in cooking class format. "I feel closer to the community by participating in Leslie's cooking classes," said a frequent class participant. "It's so nice having new recipes to go back to. My favorites include the date and cheese appetizer (from December's class) and the kale salad (from February's class)."

Adams was trained at the California Culinary Academy in San Francisco and expanded her techniques by attending classes at Le Cordon Bleu in Paris. She has been a caterer and private chef on Sanibel and Captiva islands for 14 years.

FISH will provide a list of ingredients for the lesson to registered participants. If needed, FISH can assist in purchasing ingredients and deliver on the day of the



Leslie Adams with a couple of her homemade pizzas photo provided

class. Indicate if ingredients and delivery are needed with your RSVP.

Register no later than Monday, April 18 by contacting the FISH Walk-In-Center at 472-4775. Once registered, FISH will provide the Zoom link and meeting ID number for access.

For more information about FISH programs and services, contact Maria Espinoza, executive director, or visit www.fishofsancap.org.

New Platform For United Way Volunteers

Local volunteerism is the power behind long-lasting change, and by introducing a new online volunteer platform to the community, United Way of Lee, Hendry, and Glades is a driving force for volunteer engagement, donations and impacting change within the community. This new mobile-friendly and web-based system, administrated by the United Way Volunteer Center team, is free to use for both volunteers and nonprofits.

The goal for this website is to provide the community with an easier way to volunteer through management, tracking and reporting. It is designed to engage volunteers.

The new platform will do more than just create matches among the service community and private citizens; it will also help to build lasting relationships. Volunteers can build a custom profile to track their hours for school or work and add interests and alerts for future events.

Opportunities currently listed online include one-time projects and ongoing

positions for mentoring and reading to youth, pet therapy and feeding the hungry. Visit www.unitedwaylee.org/ volunteer to respond. Check for updates as volunteer needs are added daily.

"Our United Way Volunteer Center team has worked diligently to launch this new portal, and we are grateful for our community partners LCEC (Lee County Electric Cooperative) and Uhler and Vertich Financial Planners' support and sponsorship which helps make it possible," said Volunteer Center Vice President Patrice Cunningham.

"Responding to needs is easy and can change a life. LCEC has a long history of supporting United Way agencies, and we know volunteerism is a huge part of the equation. Making it easier for our employees to be involved can only increase our engagement more," said Karen Ryan, LCEC director of public relations.

Tom Uhler of Uhler and Vertich Financial Planners said, "Uhler and Vertich is pleased to support this dynamic tool. Individuals, not-for-profits and the entire community will benefit from tracking the hours volunteered by caring residents. The impact of volunteerism is difficult to measure and this will provide a tool to measure that impact."*



Matt Asen with Jim Nance

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Keep Your Pet Heart Healthy



by Allison Havill Todd

With April being named as National Heartworm Prevention month, it seems appropriate to address the causes and effects of this disease in our pets and how to avoid it. As pet owners, most of us would never knowingly put our furry friends at risk of this deadly disease, yet over one million pets are diagnosed each year with this parasitic disease which could have easily been prevented. While the disease may be more prevalent in southern states, due to the warmer year-round climate, cases have been reported in every region of the United States.

Though most of us have heard of heartworm disease, its causes, symptoms and debilitating effects on our animal companions is often misunderstood. Mosquitoes are the only means through which the parasite can be transmitted from one animal to another. Dogs are overwhelmingly more susceptible to becoming infected with heartworm disease, but cats and even ferrets can be at risk. All it takes is one



Your furry friend is depending on you to prevent hearworm disease photo provided

bite from a mosquito that is carrying the parasite to start the progression of the disease and ensuing damage in your pet's body.

Mosquitoes contract the parasite by ingesting the blood of an already infected host animal such as a coyote, fox, raccoon or other canine. The parasite is then transmitted into the bloodstream of a pet that has been exposed to a mosquito bite. Within just three to four days, larvae start to develop in your pet's tissue, maturing into adult heartworms in about six months. The numbers increase exponentially once the adult heartworms

start to mate and migrate through the tissues and circulatory system of the host body, damaging vital organs such as the liver, lungs, kidney and heart. If left untreated, the worms continue to grow and spread through your pet's body, resulting in a slow and cruel death.

Heartworm symptoms include coughing in the earlier stages, followed by coughing bloody mucous, chest pain, difficulty breathing, weight loss, vomiting and fatigue as the disease progresses. Sadly, the worms can populate rapidly before your pet begins to show symptoms, so early detection is critical.

The good news is that this can all be prevented! Your local veterinarian can recommend the appropriate dosage for a relatively inexpensive heartworm pill to be administered on a regular monthly basis in combination with performing an annual blood test to ensure your pet has not been infected by these deadly, invasive creatures. It is important to continue this regimen throughout the year, however, and not skip any months. Indoor pets are also susceptible to contracting the disease, as a stray mosquito can often find its way inside.

If you are not currently administering any heartworm preventive medicine to your pet, consider working with your trusted veterinarian to ensure you are not putting your companion at risk. Remember, all it takes is one mosquito bite to threaten your animal's life. The costs of prevention are minimal relative to the expenses and months of treating

the disease or the possible loss of your beloved furry friend.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.*

From page 30

School Smart

get the necessary complete vision exam. So, schools are instrumental in making sure screening data gets into a child's health record, and that outside partnerships with nonprofits and health organizations exist.

Minimum vision screening regulations for Florida schools are not required for preschool, but are required for kindergarten, first, third and sixth grade, transfer students and kindergarten through fifth-grade students being considered for special education.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.*

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Phyllis Gibson and Jim Restivo were crowned Captiva prom queen and king
photos by Kathy Kurtz Ferrari

What's 'Cap'-enings

A Glance At Captiva Events

by Kathy Kurtz Ferrari

Memories were made anew on March 26 on Captiva as a group of islanders turned back the clock to 1968 and put on their formal but fun attire to attend the Captiva prom. The long-awaited party was meant to celebrate the 70th birthdays of residents Merni Libonate and Lisa Riordan in 2020, but had been put off for two years



Merni and Tom Libonate have fun at the Captiva prom

due to COVID. Those in attendance had plenty of time to think about what they would wear, and their efforts were evident. Retired prom gowns, black tie garments, fun frou-frou dresses and tuxedos (fake and real) adorned the Captiva Civic Association dance floor as music from the '60s kept everyone on their feet. Happy belated birthday, ladies!

The Captiva Island Historical Society ended its season on April 4 with a lecture on the history of St. Augustine by a speaker from the St. Augustine, Ponte Vedra and The Beaches Visitor and Convention Bureau. The historical society is planning a trip to the historic area as part of its program schedule in 2023.



Lisa Riordan and David Mintz celebrate a special night on Captiva

The Captiva Civic Association will close the season with a sparkling event on Monday, April 11 from 5 to 7 p.m. The Silver and Gold Party will be the last of the porch and patio series, and everyone is asked to dress in shining silver and gold attire. The event is free for members but tickets are available for non-members for \$25. The party includes cocktails, hors d'oeuvres and live music. For tickets, call 472-2111. Visit www.ccacaptiva.org for more information or to RSVP.

Countless friends and relatives gathered for a sad event at Captiva Chapel by the Sea on April 2 to say goodbye to Ron Gibson, a dynamic



Margie and Mike Bennett sport creative attire for the Captiva prom


Captiva resident who died last September. A dedicated community leader, Gibson lived on the island for nearly three decades. He served as president and longtime board member of Sanibel-Captiva Conservation Foundation, volunteer firefighter, commodore of the Captiva Yacht Club, as well as many other volunteer efforts. He leaves a legacy of goodwill and positive attitude that lingers on the island.

And that's "What's Cap-ening" on Captiva this week!

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. Email Kathy. islandsunnews@gmail.com.✧

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Local Artists Fill The Palate At 2 Islands Gallery



by Kathy Kurtz Ferrari

Captiva has always been a haven for artists, as the scenic island inspires creative contemplation for many. To paraphrase a quote by former Captiva

resident Queenie Viglione, the minute people cross the causeway, they think they turn into artists and start painting palm trees.

For those who may not be talented enough to create their own masterpiece but still appreciate local art, a visit to 2 Islands Gallery, located at Chadwick's Square on Captiva, is a must. Work of over 25 artists from Southwest Florida is on display, so a piece of the islands can be taken home to enjoy after the vacation is over.

The gallery, which includes original artwork and more affordable prints, is owned by two of those artists, Susan Sandler and Perry Thompson.

While the gallery is not a cooperative like some others on the islands, nearly every artist takes a turn working in the



Susan Sadler, co-owner of 2 Islands Gallery, stands in front of some of her artwork

photos by Kathy Kurtz Ferrari

shop. So buyers may have a chance to meet the artist who created the work, a real bonus. And by the same token, artists sometimes get to meet people who appreciate their work.

"It's a great partnership here. We work really well together," Sadler said.

The collection of art also seems to work in harmony. Items are displayed to complement each other, with blended color palettes and themes.

Sadler describes 2 Islands Gallery as more of a boutique, rather than just the typical island art gallery.

"We have fine art, but we have little accessories, clothing and we try to have fair trade work," she noted.

Artists each have their own space to present their unique style, like that of Sarah Kiser, whose creations have a mystical feel.

"It's great stuff. It's my favorite of everything in here," said a customer during a recent visit, admiring a somewhat Gothic portrait.

Fort Myers artist Christina Wyatt paints fabulous, lyrical animal scenes, the kind that invite the eye to linger and



The gallery features the work of many artists, including Christina Wyatt's animal-themed paintings

imagine the story which must accompany the work.

"She is very talented," Sadler said.

Then there's playful papier-mâché animal figures by Joyce Curvin, who recently taught a class at The Community House. Each of her pieces does include a little story about the character, such as a pup that "listens intently for anything that may require her yappy, insistent barking."

"She's amazing," Sadler added with a smile.

One of the most popular artists is Nancy Wilson, who paints fun renditions

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A papier-mâché dog by Joyce Curvin comes with a little story

of Captiva landmarks and island scenery. Affordable prints of her original work allow visitors to bring home little reminders of their vacation destination.

"It's great for here. She does very well," Sadler explained.

Gorgeous, but more fragile, porcelain pieces by Ludmila Evans are also a gallery feature.

2 Islands includes a nice assortment of handmade jewelry by several artists, including delicate stone work by Sandy Jones, sea-life themed metallics by Anisa,



Sarah Kiser's work has a mystical theme

and statement necklaces and other pieces from Annie Wellauer.

Sadler's own collection of work is colorful and whimsical, both on canvas as well as clothing. Her art features vibrant flowers, and various creatures like cats, dogs and fish in brilliant splashes of pinks, greens, blues and other hues.

"I love color and this year I've done a lot of versions of flowers in my work," she said. Much of that is painted on white women's shirts. Sadler also does the buying for all the other clothing in the gallery.

"I think the clothing is island and artful," she said, pointing to one of her



More than just artwork is on display at 2 Islands Gallery on Captiva

popular hand-painted floral blouses. Her flower theme came from working during the pandemic lockdown, which she said was a creative time for many artists who had a chance to focus without distraction.

"I wanted to create something that was happy, and I love color. That's what a lot of people say about my work, it makes them happy. So I've been successful."

Happy is definitely a feeling visitors may have while spending time in the gallery. With so many vibrant visuals, it's a treat just to browse the boutique.

"We have many reasons that make us successful, but the most pertinent one is

our diverse compilation of local artists," co-owner Perry Thompson said by email. "Years of hard work has established 2 Islands Gallery into a forefront art destination spot. It's a fun place to visit, shop and take home a piece of Sanibel/Captiva Islands."

2 Islands Gallery, located at 14830 Captiva Drive, is open daily from 10 a.m. to 5 p.m. Visit www.2islandsgallery.com for more information.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsnews@gmail.com.✧

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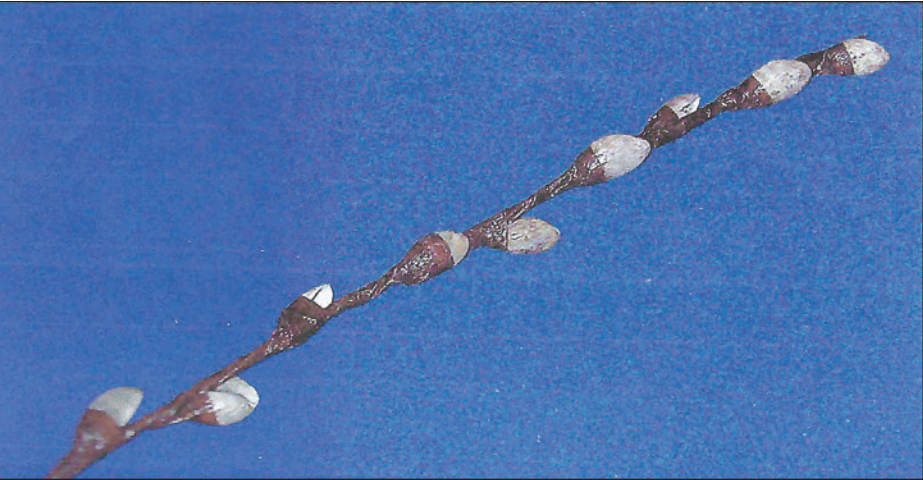
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Bubble Shell Pussy Willow

Shell Crafting

Bubble Shell Pussy Willows

by Anne Joffe

One of spring's most popular flowers is actually a tree stalk and is easily made. Several of these look wonderful in a floral arrangement.

Materials:

Bubble shells, all sizes; takes about 11 to 13 to make a stalk

Brown floral tape

Very thin floral wire, not cloth covered

Floral wire #16 or #18

Directions:

Cut the thin wire into three-inch

photo by Anne Joffe

pieces, 11 or 13 of them.

Dip the end of the wire into glue and insert into the natural hole in the end of the bubble shell.

When they are all done and dry, cut a three-inch strip of brown floral tape for each one of them.

Begin to wrap the wire with the floral tape by twisting and turning the tape. Be sure that you cover the very end of the bubble shell with the tape so that it looks as if it is all one piece.

After you have wrapped all the stems, you are ready to assemble the main stalk. Begin at the top of the #16 or #18 floral wire and use a new long piece of brown floral tape, attaching the individual stems. One goes right on the top of the new wire, wrapping and adding a new stem every half inch until all is used up.

The idea is to have it all look like one continuous stem.

When you are satisfied that your stalk is done, gently curve a bit so it looks real.

Anne Joffe has owned She Sells Sea Shells on Sanibel since 1976. She

is the author of ShellCrafting Vol. 1 and Vol. 2. Joffe judges Artistic and Scientific categories at shell shows throughout the country, leads shelling trips worldwide, and is a public speaker on shells and shellcraft.✽

Children's Center Summer Camp

The Children's Education Center of the Islands (CECI) will hold weekly programming for its upcoming Summer Camp programs from Monday, June 6 through Friday, July 29. Each week is themed and designed for children to explore and connect to the natural world. Whether children are interested in cooking, art, science – or even pirates – CECI's Summer Camp is sure to encourage all children to connect to Sanibel's environment in a fun and educational way.

Thanks in part to The Sanctuary Golf Club Foundation and FISH of SanCap, CECI Summer Camp scholarships are available for families in need. For more information and to sign up, visit www.childrenseducationcenter.com.✽



CECI summer campers

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Poetry Fest To Paintings At The Sanibel Library

Sanibel Public Library offers tech help and virtual history programs. Check the library's online calendar at www.sanlib.org for up-to-date information about programs for children and adults.

The Sanibel-Captiva Art League exhibit for this month features art by Vreni Scheu, Anita Force Marshall and Lynn Quigley. It is on display until Friday, April 29.

These following programs are open to the public and no registration is required:

Poets young and old will gather at the library on Wednesday, April 13 from 2 to 5 p.m. for Poetry Fest. More than 20 area poets will perform their poetry (time limit of five minutes). Members of the audience are encouraged to participate. "Poetry Fest... admission is free and the poetry priceless," said poet and emcee Joe Pacheco.

Researching your Irish roots? Bryan L. Mulcahy will give a presentation on Thursday, April 14 at 1 p.m. on Irish genealogy and how to research Irish ancestry using records from United States sources. Mulcahy is the reference/genealogy librarian at Fort Myers Regional Library.

Calling all Percy Jackson fans to the young adult area on Thursday, April 14 from 6 to 7:30 p.m. Try some blue food, quiz yourself on your demigod



Jensen's Marina by Vreni Scheu is one of the works on display this month

photos provided

knowledge, challenge your friends to a Gryphon egg hunt, and get sorted into a cabin at Camp Halfblood.

The library offers Computer Coach service on Fridays and Saturdays from noon to 1 p.m. Bring in your device for assistance with library apps and learn how to download ebooks, magazines and audiobooks, or stream music and movies. For one-on-one help, go to www.sanlib.org/techappointment to register, or call 472-2483 to schedule an appointment.

Sanibel Public Library is showing off its newly-installed column wraps featuring hundreds of photographs from the digital



Vivi Whalen of Sanibel Public Library with a Percy Jackson book

archives. The digital archives are online and include over 4,000 items. This ever-growing collection is a peek into the past. To see the images, newspapers and oral histories, go to the homepage at www.sanlib.org. The library is seeking stories, photos or videos of people and places of Sanibel and Captiva for the archives. Seed development for this ongoing project is supported in part by the Roni Jo Freer Fund of Sanibel Public Library Foundation.

Sanibel Public Library cards are

available to all residents of Sanibel and Lee County at no charge. You must present your valid driver's license (or similar government ID) to staff, showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year. Computers, printers, scanners and fax service are available as well as magazines and daily newspapers.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483.*

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BIG ARTS Documentary Series

Never Too Late: The Doc Severinsen Story

by Di Saggau

On Wednesday, April 13 at 3 p.m., the first film in the BIG ARTS Critically Acclaimed Documentary Series will be shown in Christensen Performance Hall. *Never Too Late: The Doc Severinsen Story* runs 85 minutes. After the film, I will lead a brief Q&A with the audience.

The film is about master trumpeter Doc Severinsen, who continues to defy nature well into his 90s, with a grueling schedule of touring, performing and teaching. The film shows numerous clips of Severinsen with Johnny Carson on *The Tonight Show*. These clips provide many laugh-out-loud moments. Severinsen was the colorful bandleader of the show.

The film features original interviews with friends, colleagues and famous fans inspired by the music icon. Severinsen shares a glimpse into his new life with trumpet player Cathy Leach, someone who loves the trumpet as much as he does, and understands his passion to play.

Tickets are \$10 and can be purchased online or at the box office. BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call

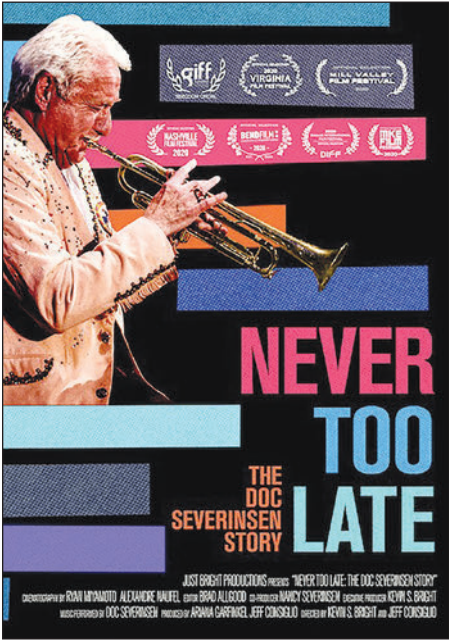


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395-0900 or visit www.bigarts.org.
Di Saggau is a member of the BIG ARTS Film Committee, feature writer for Island Sun and The River Weekly News, and past president of the Film Society of Southwest Florida.✱

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Sea Turtle Documentary Up For Discussion

The “Ding” Darling Film Series virtual discussion on Wednesday, April 13 will focus on *Troubled Waters: A Turtle’s Tale*, featuring acclaimed actor and ocean activist Ted Danson and narrated by Peter Coyote. The documentary will air virtually for viewers to watch before the Zoom discussion at 5 p.m.

Troubled Waters explores the impact of human behavior on the environment, as seen through the lens of one of south Florida’s most beloved and fragile underwater creatures – the sea turtle. The one-hour film takes a critical look at the effects of global warming, water pollution and a “throw-away” plastic lifestyle on this keystone species.

“Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) hosts the free film showing, and an anonymous donor sponsors *Troubled Waters*. Pre-registration for the film and discussion is open at www.dingdarlingsociety.org/articles/lecture-and-film-series and is required by Tuesday, April 12.

Films will be available to viewers on

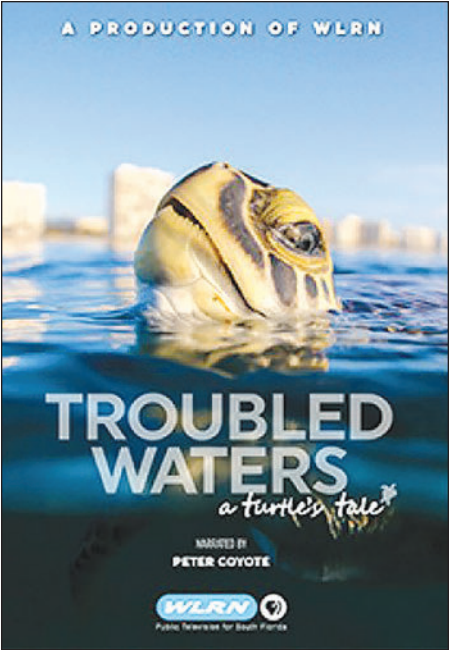


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various platforms to watch at a time and link assigned via email. The discussion allows visitors to gain more from their documentary-viewing experience by listening to other people’s points of view and analyzing what they just watched.✱

From page 1
‘Ding’ Darling

“Its name, The Roost, alludes to the pavilion’s welcoming appeal,” said Supervisory Refuge Ranger Toni Westland, who led the design and programmatic plans along with DDWS Associate Executive Director Sierra Hoisington. “Like the refuge’s rookery islands, it invites in individuals of all types in a safe, easily accessible place to rest, soak up nature and relax in the intrinsic beauty of the setting. It makes a perfect transition from the parking lot to the indoor visitor and education

center.”

As part of the project, the entryway kiosk will undergo a refresh, and DDWS is exploring opportunities for electric-vehicle solar recharge stations. Interpretation will educate visitors about solar energy and other alternative energy sources.

“Our visitor and education center is a fabulous resource, but The Roost allows visitors to extend their time in the open, fresh air while taking advantage of free programming,” said Miller. “Anyone interested in supporting the eco-friendly facility and its future educational mission can contact me directly at 292-0566.”✱



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Andrew Lipke

photo by Chris Sikich

Rock And Classical Strings At Local Venues

The Southwest Florida Symphony will conclude its 60th anniversary Diamond Jubilee season with a Brave New Chamber Music series touring Lee and Charlotte counties.

Rock & Roll and the String Quartet: Remastered Themes and Variations features guitarist, singer, composer, arranger and storyteller Andrew Lipke with the quintessential classical chamber

music ensemble. The string quartet has transcended genres and broke free from its traditional roots to become a vital part of influential folk, rock and popular music.

One of the most popular forms in classical music is theme and variations, where a series of variations within a piece features a familiar or original theme. Often, these variations become increasingly complex and drastically different from the original theme as new ones are introduced.

"In this program, we find that a 16th century melody from Austria has a modern day variation in a folk song by

Paul Simon; that a 19th century melody from France has a variation in a hit by Elvis; that a Brazilian jazz tune has a set of classical variations hiding inside; that every melody, harmony and even every lyrical passage has countless hidden variations waiting to be revealed," said Lipke.

Performances will take place at four Southwest Florida venues: Shell Point's Tribby Center, 17281 On Par Boulevard in Fort Myers, on Thursday, May 12; Sidney & Berne Davis Art

Center, 2301 First Street in Fort Myers, on Friday, May 13; Gulf Theater, 900 West Marion Avenue in Punta Gorda, on Saturday, May 14; and Bell Tower Shops, 13499 South Cleveland Avenue in Fort Myers, on Sunday, May 15.

Tickets prices range from \$25 to 35 and can be purchased online at www.swfso.org or by calling 418-1500 between 10 a.m. and 4 p.m. on weekdays. Face masks are no longer required to attend Southwest Florida Symphony performances.✱

Volunteers Sought For Letter Carrier Food Drive

Midwest Food Bank of Florida is collaborating with the National Letter Carrier Association for the annual Letter Carrier Food Drive on Saturday, May 14.

Letter carriers in Lee County will be collecting nonperishable food in or near resident mailboxes during the 30th annual food drive, the largest single-day food drive in the nation.

Summer is coming, school will be out and the need for food assistance will be greater than ever. Northerners and seasonal residents who are returning home prior to May 14 are encouraged to check their pantries for unopened food items; they may drop off their contributions at any post office.

Food collected will be distributed by local food banks such as Midwest Food Bank Florida-Fort Myers and Harry Chapin Food Bank, in addition to food pantries managed by local community agencies. All food collected is distributed to participating agencies at no cost. Virtually any kind of food may be donated in unopened, non-breakable containers. Items especially in need are peanut butter, tuna, rice, beans, canned meats, fruits, vegetables and soups.

Volunteers are needed to help letter carriers collect the food and to help sort the food once it has been collected.

For more information, contact Steve Camacho at 770-8463 or machomantwo@gmail.com✱

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Leadership Program Wraps Up For Season

The Charitable Foundation of the Islands' 2022 inaugural Leadership Sanibel-Captiva program wrapped up with a session entitled Arts and Culture followed by a graduation dinner at Captiva Island Yacht Club, hosted by former club commodore and planning committee member Cindy Brown.

The Arts and Culture day included a class visit to Captiva Civic Association (CCA) with presentations by CCA Executive Director Emily Hess Ankerson and CCA Foundation board member Lisa Riordan. They gave an overview of the history and current activities of CCA. Ann Brady, director of the Rauschenberg Residency, shared an inside look at artists whose lives have been impacted by the opportunity to spend a year honing their craft with tuition made possible by the Rauschenberg Foundation.

The group then stopped for lunch at The Community House and heard a presentation by Sarah Jacobson, director of marketing and events, and viewed a



Back from left, Cindy Brown, Chip Roach, Bob Wiesemann, Elizabeth Piersol, Joey Almeida, John Silvia, Jim Brady, Ger Ronan, Ralph Clark and Donna Gillroy. Front, from left, Melissa Congress, Annie Campbell, Mike Wood, Calli Johnson, Jane Majeski and Ellen Sloan.

photo by Impressions Photography

film on the history of The Community House. The final visit was to BIG ARTS for a tour of the new building and a backstage look at the control room and

state-of-the-art technology that provides sound and lighting in Christensen Performance Hall. The tour was followed by a video presentation on the 40-year

history of BIG ARTS and an overview of the nine-month construction project made possible by dozens of volunteers and

continued on page 4B



From left, Jerry Muench, Sheila Hoen and Dave Muench

photos provided

Pride Of The Park Award Winner

Sheila Hoen is a well-known island artist whose flair for color and form is evident not just in her paintings, but in her home and gardens as well.

She earned first place for the recent Pride of the Park contest in Periwinkle Park. Presenting her with the award were park co-owner Jerry Muench and park manager Dave Muench.

The 2nd annual Pride of the Park contest brought in donations for Clear Your Gear, an initiative that raises



Sheila Hoen's award-winning residence

awareness about discarded fishing gear and how it can injure or kill birds, reptiles and mammals. Learn more at www.clearyourgear.org and on Facebook.

Modeled after Zonta's Peek at the Unique, Pride of the Park showcased six homes in Periwinkle Park on March 19.

Participants strolled around the park and viewed the exteriors and landscaping of the homes, then voted for their favorites by donating dollars to Clear Your Gear.

Each dollar represented a vote for a specific home. The home earning the

continued on page 6B

Malacologists Meeting Held At Shell Museum

The 2022 meeting of the Florida United Malacologists (FUM) was held at the Bailey-Matthews National Shell Museum on February 2. The all day gathering was organized by Dr. José H. Leal, science director and curator of the museum.

FUM annually brings together a community of researchers, collectors, scholars, citizen scientists, enthusiasts and students in the field of malacology: the study of mollusks.

“One of the unique aspects of FUM is that all have a voice, from local shell enthusiasts to seasoned scientists,” said Dr. Leal. “FUM provides a forum for cross-platform collaborations and mutual learning at levels unknown in more formal academic gatherings.”

FUM 2022 followed the pattern of similar gatherings such as BAM (Bay Area Malacologists), MAM (Mid-Atlantic Malacologists), and OVUM (Ohio Valley United Malacologists). This was the 12th year of FUM, with the first event taking place at the museum in 2010.

The meeting covered a diverse series of topics including the latest in molluscan biodiversity, conservation, genetics and ecology. Eighteen speakers presented to an audience of 90 attendees on topics such as the lifespan and conservation status of the iconic horse conch, studies



FUM participants at Bailey-Matthews National Shell Museum

photo provided

of microplastics levels in Tampa Bay, novel enrichment strategies for mollusks in public, and educational aquariums.

“The museum extends its gratitude to Dr. Leal for his leadership and the presenters for sharing their knowledge, and to each of the attendees for

contributing to the conversation and advancing the cause, impact and enjoyment of malacology here in Florida,” said Sam Ankerson, executive director of the museum.

To view presenter abstracts and learn more, visit www.shellmuseum.org/2022-fum.

org/2022-fum.

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open from 10 a.m. to 5 p.m. daily. For more information or tickets, call 395-0900 or visit www.shellmuseum.org.

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The Sanibel Captiva Trust Company

Current Outlook And Portfolio Strategy



by Ian Breusch,
CFA, Chief
Operating Officer

Much has transpired across the world during the first few months of the new year. Just as global economies were moving toward normalcy as the Omicron variant began to fade, geopolitics took center stage. Russia invaded Ukraine on February 24, creating a humanitarian crisis on a scale not seen in Europe since World War II. The war has caused several hundred global corporations to withdraw from Russia. NATO members have imposed significant economic sanctions against Russia, exacerbating inflationary concerns, particularly across energy and grain markets where Russia is a key contributor. This turmoil has certainly impacted volatility across capital markets, which is likely to continue until a peaceful solution is established.

Geopolitics aside, we entered 2022 with other economic concerns already at the fore. Year-over-year inflation

readings were at a 40-year high before the Russia/Ukraine conflict began. To combat inflationary pressure, the Federal Reserve Board has been tapering its bond purchases for several months, while signaling that interest rate increases would follow. On March 16, the Fed raised the Federal Funds rate for the first time since the beginning of the COVID pandemic. Additionally, much of the fiscal stimulus discussed by Congress last year has been sidelined due to inflationary concerns expressed by both political parties. More restrictive (less accommodative) monetary and fiscal policies are designed to reduce the pace of price increases and the corresponding erosion of purchasing power. To be clear, most economists believe inflation of approximately two percent per year is both sustainable and healthy for our economy. However, most economists also believe that our current level of inflation (seven to eight percent) is damaging – particularly to lower-income consumers.

The Fed certainly has the tools to curb inflation. A steady increase in the Federal Funds rate is one such tool. Following the most recent Fed meeting, we expect another six rate increases between this year and next. Interestingly, the rest of the treasury yield curve began adjusting to the likelihood of higher rates months ago. Longer-term interest rates have already risen substantially, and corresponding bond prices have fallen. If the Fed decides to be even more aggressive, it can sell fixed-income

assets from its own balance sheet, which would also depress bond prices, increase yields, and dampen lending markets and inflationary pressures. A successful tightening cycle will be characterized by higher interest rates, lower inflation, and sustained consumer spending and economic growth. The correct mix, scale and timing of Fed policy decisions is key to this success and is a hotly debated topic among economists, for good reason.

Despite the above-mentioned risks, there is much to be optimistic about. Although stock markets tend to be more volatile when interest rate policy is changing, stocks tend to perform rather well when interest rates are rising, as investors initially view rising rates as symptoms of a healthy economy. However, valuation certainly matters more when rates are rising, which is why it's important to be a discriminate investor. Despite the near-term risks presented by inflation and geopolitical conflict, our economy remains healthy overall. While we continue to believe that value/dividend-paying companies offer slightly better forward return prospects than many of their growth counterparts, a mix of both is important in a well-rounded portfolio. For clients desiring fixed income (bonds) to reduce risk, we continue to favor high-quality shorter maturity bonds as interest rates move higher. As always, our focus will remain on sourcing and managing high-quality investments for our clients, with valuation being at the forefront of investment

decision making.

*This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.**

From page 1B Leadership

hundreds of donors in the Sanibel and Captiva communities. The day closed with a talk by Lee Ellen Harder, BIG ARTS executive director, and Ralph Clark, former chair of the BIG ARTS Building Committee.

The three-month Leadership program culminated in a sit-down dinner at Captiva Island Yacht Club where the class shared memories of their experiences and expressed gratitude to the Charitable Foundation of the Islands for making the program possible.

The Charitable Foundation of the Islands is a nonprofit 501(c)3 organization that looks to the generosity of community partners and philanthropists to advance its mission of providing programs and resources to nonprofits that preserve and protect the vitality and health of the community. The foundation offers program sponsorships as well as donor-advised fund opportunities. For more information, visit www.mycfi.org, email sancapcfi@gmail.com or call 322-3818.*



Advice from The SanibelSusan Team

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- Offer “as is”—No contingencies, usually wins.
- Be flexible—Let seller pick closing date.

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Progressive Club Virtual Meeting



Orlando Gonzalez



Brandon Hensler

The Progressive Club of the Islands will present a Zoom meeting on Thursday, April 21 at 4 p.m. featuring Orlando Gonzalez, executive director of Safeguarding American Values for Everyone (SAVE), along with Brandon Hensler, executive director of Nova Southern University (NSU) Division of Public Relations, Marketing and Creative Services. Gonzalez will discuss the legislation and legal challenges for the LGBT community and Hensler will describe their impact on a family. Prior to SAVE, Gonzalez was chief of staff and communications operations manager at the Patient-Centered Outcomes Research Institute (PCORI) in Washington, DC where he worked on increasing patient and stakeholders engagement in research funding. Throughout his career, Gonzalez has

been involved with businesses and nonprofit organizations with an impact on both the local and national levels. Public service has always been an integral part of his life, focusing on organizations that promote human rights and the educational advancement of people of color and the LGBT community. He has served on the board of trustees of the Point Foundation and has been an active alum of Georgetown University and of the National Urban Fellows Program. He received a master of public administration with honors from City University of New York's Austin W. Marxe School of Public and International Affairs at Bernard Baruch College in New York City. Hensler co-manages the planning and execution of the university's strategic branding and integrated marketing communications plan, and leads the public relations team; measures media initiatives and oversees the overall division budget. Prior to joining the university, he was director of communications for the ACLU of Florida, a statewide nonprofit legal/advocacy organization based in Miami, overseeing its media relations, public relations and advertising strategies, and served as ACLU's bilingual spokesperson. Prior to the ACLU, Hensler worked for PR Newswire, a New York-based international news organization. He has served as a county commission-appointed board member on the Broward County Human Rights Board. Hensler holds an master's degree in science from

Halmos College of Arts and Sciences and a bachelor's degree in international studies/Latin American studies from Miami University (Ohio). He is past honoree of the *South Florida Business Journal*, accredited in public relations by the Universal Accreditation Board and honored by Leadership Broward Foundation. The meeting will be interactive and with time provided for questions. To attend, email pcisancap@gmail.com to receive the link or watch online at www.facebook.com/pcisancap. Annual dues are \$35 per individual or \$70 a couple. To renew a membership or join, mail a check payable to PCI to: PCI, P.O. Box 898, Sanibel, FL 33957. For more information, visit <https://pcislands.org>, call 994-3175 or email pcisancap@gmail.com.✪

April Fun Days At Rec Center

Children in grades kindergarten through eighth can now be registered for the upcoming carnival-themed April Fun Days at the Sanibel Recreation Center on Friday, April 15 and Monday, April 18 from 8 a.m. to 5:30 p.m. each day. Register in advance and receive the early bird rate. April Fun Days will offer a variety of games, crafts and swim time. Each child needs to bring a bag lunch, water bottle, towel, sunscreen, swimsuit and towel. The Sanibel Recreation Center is

located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✪

Captiva Meetings

Captiva Erosion Prevention District (CEPD) will hold a board meeting on Monday, April 11 at 1 p.m. at Tween Waters Island Resort and on Zoom. For the link and agenda, visit www.mycepd.com. The next board meeting will be held on Monday, May 9 at 1 p.m. Captiva Community Panel will meet on Tuesday, April 12 at 9 a.m. on Zoom. The next meeting is scheduled for Tuesday, May 10 at 9 a.m. For information about the CEPD, call the district at 472-2472. For information about the Captiva Community Panel, visit www.captivacommunitypanel.com or email captivacommunitypanel@gmail.com.✪

From page 1B

Award Winner

most dollars/votes won the Pride of the Park sign to display in their front yard. Proceeds will fund continued efforts to show anglers how carelessly discarded fishing gear can harm unintended prey such as birds, reptiles and mammals. It was a perfect day for participants to walk or bike through the park. A good time was had by all, and residents look forward to next year's Pride of the Park fundraiser for Clear Your Gear.✪



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Thanks to our 2022 Co-Hosts-Captiva Chapel by the Sea, Grampy’s Charities, Chet & Nancy Niesel, and Mark & Pam Salvo

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From left, Joe Harrity, Kerra Cook, Katy Forret, Brenda Harrity and Carli Mitchell

photo provided

Restaurant Signs On As Sponsor For School Year

The Children's Education Center of the Islands (CECI) thanks Doc Ford's Rum Bar & Grille for its \$5,000 sponsorship for the 2022-23 school year.

CECI is continuing its year-long partnership opportunities. Sponsorship tiers provide consistent recognition, so

the community will have an opportunity to see engagement with the school and its mission over the course of development rather than in relation to one given activity. Each customizable sponsorship tier includes benefits that coincide with the level of commitment to CECI's mission. Sponsors may also elect to contribute to a separate scholarship program to further support the working families of the islands. For more information, call Kerra Cook at 472-4538.✱

Trust Company Founder Attends FGCU Luncheon

Al Hanser, founder and chairman of the Sanibel Captiva Trust Company, attended the Florida Gulf Coast University (FGCU) annual President's Scholarship Luncheon held in Fort Myers recently. The luncheon honors the recipients, the individuals and companies that established the scholarships, and celebrates the success the students have gained from the program and their dedication to putting their awards to their highest and best use.

Klaudia Fisheku received The Sanibel Captiva Trust Company scholarship throughout her FGCU education, which includes a bachelor of science degree in computer information systems with a minor in economics and a master's degree in information systems and analytics. Her goal now is to obtain her master's in business administration.

"We could not be prouder of Klaudia and her hard work," said Hanser. "She has already secured a position with Arthrex as a business analyst in the



Klaudia Fisheku and Al Hanser

photo provided

information technologies department while she completes her MBA. This is what the scholarship is all about."

Hanser and trust company executive and founding board member Chip Lesch established the scholarship in the company's name in the early 2000s.✱

County Approves Project For Cape Coral Bridge

As part of continued efforts to prepare for a Lee County population of one million, the Lee Board of County Commissioners awarded a contract for the design of the replacement of the westbound span of the Cape Coral Bridge and widening of the eastbound span.

The contract with Kisinger Campo & Associates Corp., selected through

the competitive negotiation request for proposal process, also includes a project development and environmental study.

The replacement of the Cape Coral Bridge westbound span and widening of the eastbound span is a top-tier transportation project for commissioners. The board has discussed the project at workshops, planning sessions and board meetings.

Motorists made nearly 50,000 annual average daily trips over the bridge in 2021.

Construction on the span is planned to begin in 2026. Total project costs are estimated at \$185 million.✱

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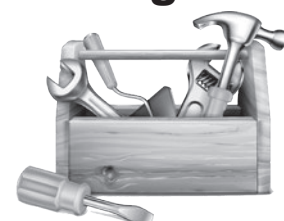
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HELPING HANDS, EDUCATION & FOOD PROGRAMS AT WORK

April Littleton—a young single mom of three—knows well the wonderful **wrap-around assistance** provided by FISH.

She was introduced to the organization through a colleague, as she needed help with an unexpected critical family medical expense she was unable to afford. *April juggles between her required, but unpaid, medical assistant externship in Fort Myers, then rushes back to Sanibel to pick up and feed her children before beginning her island night shift job. Weekends are reserved to spend time with her children and catch up on class assignments, leaving no time to secure additional work.*

April did not complete high school and had little desire to pursue education until she became the sole caregiver for her growing family. *She realized that if she wanted a better life for herself and her children, she would have to push herself to build a career.* Even with three children, she managed to get her GED and soon realized that she wanted to pursue higher education. April set new personal and professional goals and enrolled in the Florida Academy in the Registered Medical Assistance certification program.

“I don’t know how I could have made it through without FISH’s rent and utility financial support,” says April. “My ultimate goal is to be financially stable so that I can spend more time with my children. The educational scholarship for my school supplies and books has also helped me get closer to my goal of pursuing my studies, and that means so much to me. I am truly thankful for FISH’s generosity and assistance.”

“My ultimate goal is to be financially stable so that I can spend more time with my children. I am truly thankful for FISH’s generosity and assistance.”

—April Littleton
a thankful FISH client

In addition to emergency financial and continuing education assistance, FISH enrolled April in the **Food Pantry Program**, **Backpack Program** for her children and **Holiday Programs**.

“We are so proud of April and the steps she has taken to better her life,” says Nitza Lopez, FISH Social Services Director. “While it hasn’t been easy for her, she is determined to reach her goals and is working hard toward becoming a medical assistant. We’ve already seen a positive change in her confidence level and April reports less stress in her household. It’s heartwarming to know FISH was able to contribute to her success.”



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food programs • island based education • social & senior services • helping hands & financial assistance



Speakers Chris Heidrick and David Arter

photos provided

Association Hosts Seminar On Flood Insurance

The Sanibel & Captiva Islands Association of Realtors hosted a community seminar panel discussion focusing on flood insurance. Residents and realtors gathered at The Community House to ask questions and hear about how recent changes in the flood insurance industry have affected current residents and policy holders, as well as future homeowners on Sanibel.

Two affiliate business partners led the discussion: Chris Heidrick of Heidrick & Co. Insurance and David Arter of Private

Client Insurance Services.

Heidrick is chair of the flood insurance sub-committee for the Independent Insurance Agents and Brokers of America (IIABA). He has also testified before Congress on the topic of flood insurance. Arter has been in the insurance industry since 1981 and specializes in homeowners insurance, flood insurance, and other lines of personal insurance.

Several other affiliate business partners were on hand before and after the panel discussion for the spring trade show.

The association thanks the following businesses who sponsored a table and made this community event possible: Ask an Adjuster; BioSweep Suncoast; Constance Davidson Interior Design; Heidrick & Co. Insurance; Noack & Co.



Attendees of the community seminar on flood insurance

CPAs; O'Halloran & Simmons, PLLC; Private Client Insurance Services; Rapid Response Team; Robb & Stucky; and Superior Title Services.

The Sanibel & Captiva Islands Association of Realtors hopes to do another panel later this year on a different topic.*

Look Out Below For Manatees

As water temperatures warm, manatees naturally disperse from their winter habitats, traveling to other areas of the state and beyond. The Florida Fish and Wildlife Conservation Commission (FWC) is asking Florida residents and visitors to help keep manatees safe, especially while out on the water.

Manatees are leaving their winter refuges and are more likely to be in rivers, canals and nearshore waters. Florida boaters are also active this season, so it is crucial to stay alert and avoid manatees while traveling through Florida's waterways.

From April 1 through November 15, seasonal manatee zones require boaters to slow down in certain areas to prevent manatees from being injured or killed by motorboats or personal watercrafts. Boat strikes are a major threat to Florida manatees. FWC law enforcement officers are on patrol in state waters to remind boaters of the seasonal manatee speed zones and take enforcement actions.

Manatees can be difficult to detect when they are underwater, so it is important for operators of boats and personal watercrafts to be vigilant. You can help protect manatees by following these simple guidelines:

- Wear polarized sunglasses to help spot manatees;
- Avoid boating in shallow areas where manatees graze on seagrass;
- Look for large circles on the water, also known as manatee footprints, indicating the presence of a manatee below;
- Look for a snout sticking up out of

the water;

Follow posted manatee zones while boating;


Never push a stranded manatee back into the water; and

Report injured, distressed, sick or dead manatees to the FWC's Wildlife Alert Hotline at 1-888-404-3922 or by dialing #FWC or *FWC on a cellphone so trained responders can assist.


"We're asking the public to be exceptionally vigilant watching for manatees when out on the water, as the FWC and the U.S. Fish and Wildlife Service continue to respond to a high level of manatee deaths along Florida's east coast," said Michelle Pasawicz, manatee management program lead for the FWC. "By obeying speed zones, wearing polarized glasses and keeping a watchful eye on the water, you can make an immediate difference in manatee conservation."

Resources for boaters, educators and other interested members of the public are available at www.myfwc.com/manatee. Click the Information & Guidelines tab for helpful tips on respectfully viewing manatees, additional guidelines for boat and personal watercraft operators, and information on what you can do to help these aquatic mammals. To learn more about the manatee unusual mortality event, click on the Learn More on the top of the page at www.myfwc.com/manatee.

To support the FWC's manatee research, rescue and management efforts, purchase a Save the Manatee Florida license plate, or donate \$5 to receive an FWC manatee decal. Both are available from your local tax collector's office. The Fish & Wildlife Foundation of Florida has additional ways to help. Visit www.wildlifeflorida.org for more information.*




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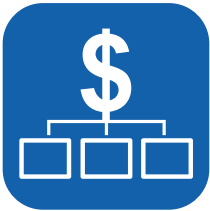
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Rotary Happenings

submitted by Cindy Carter

I think it is safe to say that everyone who lives on Sanibel has been to “Ding” Darling at least once. JN “Ding” Darling National Wildlife Refuge is part of the largest undeveloped mangrove ecosystem in the United States. It is famous for its incredible migratory bird populations, not to mention all the other animals and plants you can observe while walking or driving through.

And then there is the visitor and education center, a wonderfully educational experience with interactive activities around every corner. And let us not forget the bathrooms! Wow, oh wow! There is a reason the bathrooms at the visitor center were voted America’s Best Restroom in 2018. How clever of them to use a very captive moment and turn it into an educational experience.

We were lucky enough to have Birgie Miller, executive director of “Ding” Darling Wildlife Society, and Toni Westland, supervisory refuge ranger of the refuge, speak to us. It is hard to imagine one of these existing without the other. Miller and Westland work hand in hand in making “Ding” the most captivating experience possible. “Ding”



Birgie Miller and Toni Westland photo provided

Darling Wildlife Society, the nonprofit friends of the refuge organization, supports environmental programs, conservation and wildlife and water quality research through charitable contributions to the JN “Ding” Darling National Wildlife Refuge complex.

They are working together to educate and inspire. Recently, the mobile interactive classroom – Wildlife on Wheels (WoW) – that was funded by the wildlife society was used by refuge staff, specifically during the pandemic. It would go to schools while maintaining social distancing, and reinforce state standards, which in turn created an increase in the test scores for those classrooms. For many classrooms, this was the only type of “field trip” they had.

Miller, originally from Indiana, moved to Sanibel 21 years ago and, in that time, has worked or volunteered for a number of organizations on and off the island. She is now into her 11th year as executive director of the society.

Westland has been supervisory refuge ranger for 20 years at “Ding” Darling and “has the best job ever!” as she says. Originally from Milwaukee, Wisconsin, Westland graduated from University of Wisconsin-Stevens Point in 1998 with a bachelor of science degree in natural resource management, a bachelor of science in environmental education and interpretation, and a minor in environmental communications. Westland was a U.S. Army Corps of Engineers federal park ranger from 1998-2002 at Lock and Dam No. 15 in Rock Island, Illinois on the Mississippi River, at Lake

Lanier in North Georgia and Lake Okeechobee in Clewiston, Florida. She has been with the U.S. Fish and Wildlife Service at JN “Ding” Darling National Wildlife Refuge since November 2002. The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 6:45 a.m. and the meeting begins at 7:15 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.✱

Bank Donates To Island Preschool



From left, David Lowden of Bank of the Islands, Kerra Cook of CECI and Susan Schulte of Bank of the Islands photo provided

The Children’s Education Center of the Islands (CECI) thanks Bank of the Islands for a \$2,500 sponsorship for its 2022-23 school year. CECI offers sponsorship tiers for those who wish to help support the nature-based, nonprofit island preschool. Customizable sponsorship

tiers include benefits that coincide with the level of commitment to CECI’s mission. Sponsors may also choose to contribute to a specific scholarship program to support working families of the islands in need of child care. For more information, call Kerra Cook at 472-4538.✱

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From left, SCCF CEO James Evans, Mona Strasser, Gaby Bell and Kirk Williams of Sanibel Captiva Community Bank and SCCF Events Manager Jeff Siwicke photo provided

Bank Sponsoring Food Truck Alley At SCCF Benefit

For the first time, Sanibel Captiva Community Bank is sponsoring Food Truck Alley at the Sanibel-Captiva Conservation Foundation (SCCF) Beer in the Bushes post-season celebration on Saturday, April 16.

"We're happy to support SCCF's well-loved community event and its longstanding commitment to protecting the environment," said Kyle DeCicco, president of Sanibel Captiva Community Bank. "SCCF's mission to protect and care for coastal ecosystems aligns well with our unwavering commitment to local community causes that are important to us and our customers."

Beer in the Bushes attracts craft breweries, artisan food trucks and attendees from all over Southwest Florida. In its ninth year, after a two-year pandemic hiatus, the outdoor event will feature an eclectic variety of six food

trucks coordinated by Catering by Leslie Adams.

"We are thrilled to welcome island-chartered SanCap Bank onto our roster of sponsors for this feel-good community event," said SCCF Event Manager Jeff Siwicke. "Each ticket includes enough TruxBux to keep you well fed, and more will be available for purchase."

Bring your appetite for wood-fired pizza, upscale twists on traditional comfort food, Mexican fare, seafood favorites and Cajun delights. Guests can work up an appetite after dancing to two bands from The Big Easy.

Shamarr Allen and the Underdawgs, who bring together many sounds indigenous to New Orleans, will take the stage first. Headlining is Big Sam's Funky Nation.

More than six breweries will be serving their signature lagers, ales, porters and stouts. Wine, soft drinks and water will also be available for attendees.

Tickets are \$90 in advance and \$100 on the day of the event. For more information or to buy tickets, visit www.beerinthebushes.com.✧

Locals Need To Apply For New Hurricane Passes

The City of Sanibel is continuing to issue the 2021 series hurricane passes. All residents, property owners and businesses will need to apply for a new 2021 series pass. Applications for the new passes are available on the Police Department/Emergency Management section of the website, www.mysanibel.com, and at the Sanibel Police Department, located at 800 Dunlop Road, open Monday to Friday from 8 a.m. to 4 p.m.

On the new residential pass, the first two digits of the serial number are the property zone number. The new commercial pass identifies the business type.

Used after an evacuation, the passes aid security, speed reentry and provide traffic control at a time when traffic must be kept to a minimum.

Complete a pre-formatted family emergency plan. The plan is available on the county website at www.leeeoc.com. The *All Hazards Guide* plus other information and tips are available on the county website as well.

Visit www.mysanibel.com/emergency-management for more information.✧

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Superior Interiors

Brighten Your Living Room Design



by Linda Coin

Whether you've just moved into a new home or want to fix up your current space, brightening up your design is a great way to upgrade your living room. A dark living room can

be gloomy and cause your space to look smaller and less welcoming than it should be. But where do you start?

The key to brightening your living room design is to focus on one decor idea at a time. There are multiple ways to lighten up the space, and we're excited to share them with you.

Swap heavy drapery for lighter, colorful fabrics if you have natural light sources, such as large windows, in your living room. Use them to your advantage. Swap your heavy or dark drapery that absorbs light with translucent materials. Consider a bright, colorful drapery that can bring color into your space instantly. If privacy is an issue, make sure your drapery is properly lined.

Your living room's light sources don't

have to just be functional, they can also add fun decor elements, too. Look at overhead lighting, like chandeliers and hanging lights, that can add fun personality to your space without adding clutter or taking up too much room. If you have side tables, consider a brightly colored lamp in warm tones that can mimic sunlight.

Area rugs can add softness and warmth to your living room instantly. Choose an area rug in colorful prints and/or fun textures to bring your space to life without any hassle. If your design preferences skew to neutral tones, choose an area rug that's a bright white or light color. This will allow the rug to reflect your living room's light sources, instead of absorbing them.

No matter what color your walls are, adding art pieces can add pops of color to a dark space. This will help to personalize your interior design instantly, since you can choose wall art that lets your personality shine through. For extra cohesiveness, match other decor pieces to your art or vice versa.

If you've already fallen in love with dark-colored furniture (like a dark leather sofa), there's no need to fret. Simply accessorize these main pieces with bright, colorful pillows, blankets or armchairs. White and pastel colors can easily match almost any color scheme while also solving your dark living room problem.

Mirrors act as a double solution: they reflect light back into your living room and create the illusion that it's bigger than it is. By placing mirrors on the walls of your living room, you can decorate without

adding clutter.

Light doesn't have to come from one ceiling light or standing lamp. Take a look at other atmospheric light options that will incorporate a soft glow into your living room. This can include decorative candles (real or fake), string lights and/or orb lights. These lights can create luminosity without detracting from your natural style. They also add charm to make your space feel more intimate.

From white to neutral tones, updating your wall color can instantly spruce up your space to look bright, even without a natural light source. Lighter colors reflect light to brighten your living room without making any structural changes. Even if you already have a light-colored living room wall, it may be worth it to apply a fresh coat of paint to really seal the deal.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindceden.com.✪✪

Kiwanis Golf Championship

The golf course at The Dunes Golf & Tennis Club will be rocking on Saturday, April 23 as the Kiwanis Club of Sanibel-Captiva hosts its 2nd annual King Of The Rock Stroke Play Golf Championship. Participants will compete for recognition as one of the island's top golfers. Registration is at 7:30 a.m., with shotgun start beginning at 9:30 a.m. The tournament will be structured with flights in both men's and women's divisions and

is open to players of all skill levels.

The men's division will play a single round of individual gross stroke play, with the championship flight playing from the I tees, and other flights playing from the II and III tees. The women's division will play a single round of individual net stroke, with all flights playing from the IV tees. Any player may request to compete in the championship flight, from which the overall tournament champion will be named.

The entry fee of \$125 covers 18 holes of championship golf and range balls, and will be followed by lunch, during which prizes and trophies will be awarded to the top finishers. All proceeds will benefit the Sanibel-Captiva Kiwanis Club Scholarship Fund, providing educational assistance to island youth. Entry forms can be obtained at The Dunes Pro Shop or downloaded from the Kiwanis website at www.sanibelkiwanis.org. Checks for the entry fee should be made out to: Kiwanis Foundation.

Sponsorships are welcome for interested businesses and individuals. Hole sponsors are available for \$100; Corporate sponsorships are available at the \$1,000 and \$2,500 levels. Major sponsors already announce for this year's tournament include Cielo, Coastal Title, Doc Ford's Rum Bar & Grille, Midland Trust, Pfeifer Realty Group, Sanibel Captiva Community Bank and Superior Title.

For more information, call Mike or Travis at The Dunes Pro Shop at 472-2545 or email mdopsflaff@theinnsofsanibel.com.✪



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FISH Of SanCap Loans Medical Equipment

Complimentary medical equipment loans are one of the many services offered by FISH of SanCap. Islanders and visitors may borrow equipment temporarily, on a first come basis. The program, one of FISH's first, has grown to become one of its most requested services and is offered year-round.

Through last year, the City of Sanibel stored medical equipment and Sanibel Fire Rescue District accepted and stored equipment returns. Due to space issues for the city and the continued growth of FISH programs, FISH rented a new location for its equipment program. It is located at 2330 Palm Ridge Road, Unit 16 in Palm Ridge Place. While the space will be used mainly for equipment distribution, it will also provide additional space for storage and assembly of its Smile Box, holiday, school supply and toy drive programs, as well as a location to house the Volunteer Income Tax Assistance (VITA) program January through April.

Those needing medical equipment must call the FISH answering service, available 24-hours a day, at 472-0404. An equipment volunteer will return the call, confirm the request and arrange to meet at the new equipment space, where a check-out area will be located.



Medical equipment is offered on loan by FISH of SanCap photo provided

FISH medical equipment loans include: wheelchairs and transport chairs (requires a person to push); walkers (non-wheeled, four-legged with wheels, with wheels and seat, and three-wheeled); canes (standard adjustable, four-legged and three-legged with a fold down seat); adjustable crutches; bath bench, bath transfer bench, shower chairs; commodes and elevated toilet seats (with and without arms). For more information, visit www.fishofsancap.org.

Free Interactive Demonstrations At Safe Kids Day

Golisano Children's Hospital of Southwest Florida is hosting its annual Safe Kids Day on Saturday, April 16 from 11 a.m. to 2 p.m. Safe Kids Day provides a fun atmosphere for families to learn how to keep children safe in their homes and communities. Families will be able to participate in interactive demonstrations and games to learn about the following subjects:

- Bicycle safety and pedestrian safety (free bike helmets while supplies last);
- Car and bus safety;
- Gun safety;
- Internet safety and child identification;
- Keeping medications secure;
- Safe sleep;
- Water safety;
- Youth sports; and
- Drug and alcohol prevention.

"Preventable injuries are the leading cause of death among children in the United States, and Safe Kids Day is designed to provide parents with the tools and information they need to keep their children as safe as possible," said Julie Noble, Safe Kids Day coordinator for Golisano Children's Hospital. "We've created a fun environment for kids to spend the day learning how to stay safe while they ride their bikes, swim in a

pool or at the beach, and play with their friends."

Children will also be able to have their faces painted, see fire trucks and the K9 police unit and check out books from a mobile branch of the Lee County Library System. There will also be four Easter egg hunts at the following times:

- Noon – Children with disabilities
- 12:30 p.m. – Children up to age 3
- 1 p.m. – Children ages 4 to 6
- 1:30 p.m. – Children ages 7 and older

During Safe Kids Day, local Harley-Davidson owners and enthusiasts will participate in the annual Easter Bunny Toy Run. Dozens of motorcyclists, led by the Easter Bunny, will ride to Golisano Children's Hospital to deliver toys to sick and injured children. The toy run ensures that children in the hospital are still able to enjoy a visit from the Easter Bunny. There will also be food trucks and a DJ.

Safe Kids Day was made possible with the support of community partners, including Safe Kids Southwest Florida, Lee County School District, Lee County Emergency Medical Services, Lee County Sheriff's Office and Harley-Davidson's Rockstar Owners Group.

Golisano Children's Hospital of Southwest Florida is located at 9981 South HealthPark Drive in Fort Myers.✱

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2. BUCK KEY - **CAPTIVA**

- One of the last remaining buildable tropical islands, Buck Key provides a once in a lifetime opportunity located just across the Roosevelt Channel from Captiva Island Offering 14.13 acres of stunning land and water frontage along the channel - Develop your own family compound, corporate retreat, private club or wherever your vision takes you.

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3. GULF VIEWS AT SUNDIAL EAST - **SANIBEL**

- 3 BR/2 BA gorgeously remodeled condo with Gulf views and spacious screened lanai.
- Resort amenities include pool, tennis, multiple restaurants, tiki bar, and grocery. Established rental income with on-site resort program.

• **\$1,365,000 EURO 1,234,350**

4. GULF FRONT PENTHOUSE AT JUNONIA - **SANIBEL**

- 4 BR + den/ 2 BA top floor penthouse featuring panoramic views of the pristine beaches and Gulf along West Gulf Drive.
- Vaulted ceilings, clerestory windows, updated kitchen with island, remodeled baths, wet bar, plantation shutters, coastal décor, and covered parking.

• **\$2,400,000 EURO 2,181,699**



3



4



5



6

5. GOLF COURSE VIEWS IN KELLY GREENS - **FORT MYERS**

- 2 BR/2 BA + den top floor corner unit in the desirable Kelly Greens community.
- High ceilings, updated kitchen, and large lanai. Community amenities include 18 hole golf course, tennis, pool, restaurant, and more

• **\$495,000 EURO 445,480**

6. CANAL LOT - **SANIBEL**

- Build your island dream home on this wonderful canal lot on Sanibel's East End
- This location offers both the ability to get a boat to the Gulf of Mexico, while also being walking distance to Sanibel's famous beaches

• **\$699,000 EURO 618,258**

7. REMODELED HOME IN THE DUNES - **SANIBEL**

- 3 BR/2 BA beautifully remodeled home on almost 1/2 an acre with a private pool in the Dunes
- Split bedrooms, large great room and kitchen, multiple oversized lanai's perfect for outdoor island living.

• **\$1,350,000 EURO 1,216,703**

8. WALKING DISTANCE TO BOWMAN'S BEACH - **SANIBEL**

- 3 BR/3 BA beach home in the West end community Sanibel Bayous
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Will Power

Your Family’s Story



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Howard Gardner, professor of education and psychology at Harvard University, writes many books on leadership and creativity. One book, *Leading Minds*, demonstrates how a leader can develop a mindset to pass on values to loved ones. Gardner argues that what makes a leader is the ability to tell a kind of story – one that explains ourselves to ourselves and gives power and resonance to a collective vision. Churchill told the story of Britain’s indomitable courage in the fight for freedom. Kennedy inspired America’s innovative culture in its quest to send a man to the moon. Gandhi spoke about Indian dignity and

non-violent protest. And Martin Luther King Jr. told of how a great nation is racially equal.

Stories give a group a shared identity and sense of purpose. Philosopher Alasdair MacIntyre also emphasized the importance of narrative to the moral life. “Man,” he writes, “is, in his actions and practice as well as in his fictions, essentially a story-telling animal.” It is through narratives that we learn who we are and how we are called to behave. Take the Bible, for instance.

In *Deuteronomy*, Moses, when instructing the Israelites of their duties and responsibilities before entering the Promised Land, warns the people no less than 14 times not to forget. If they forget the past, they will lose their identity and sense of direction, and disaster will follow. Not only are the people commanded to remember, but they are also commanded to hand that memory on to their children.

You may find it interesting to note that there is no biblical Hebrew word for history. The closest equivalent is *divrei hayamim*, “chronicles.” *Deuteronomy* uses the root *zachor*, meaning memory.

History refers to others who acted before us. Memory invokes our own involvement in the story. Biblical Hebrew, therefore, asserts that believers collectively participated in the story. Jewish families who read the Passover *Haggadah* are familiar with this concept through one of the passages. In the passage, a wicked son does not consider himself part of the story and is admonished accordingly. “God brought us forth from Egypt,” he is told.

The greatest of leaders therefore create a collective memory so that the entire group feels like a part of the historical narrative. You can still see the power of this

biblical idea today. If you visit the Washington, DC presidential memorials, you will see that each one carries an inscription taken from their words: Jefferson’s “We hold these truths to be self-evident...” Roosevelt’s “The only thing we have to fear is fear itself.” Lincoln’s Gettysburg address “With malice toward none; with charity for all...” Each memorial tells a story.

In contrast, many London monuments have no narrative, no inscription, simply a name – like Churchill. England does not have the same kind of sweeping national narrative because it is largely based not on a covenant but on hierarchy and tradition.

So how do we apply these lessons to your family and loved ones? What made you into the you you are now? What are your family’s covenants, the principals and attributes that you believe most important? How can we fashion a system to pass these values down to future generation?

So many of my clients, when discussing their estate plans, voice a common concern: “I don’t want my wealth to somehow weaken my children’s drive and ambition.”

This concern has merit. The old saying, “shirt-sleeves to shirt-sleeves in three generations” is found in many different cultures. In Japan, the expression goes, “rice paddies to rice paddies in three generations.” The Scottish say, “The father buys, the son builds, the grandchild sells, and his son begs.”

Family wealth can only survive through a family narrative, passed down from generation to generation. Each generation needs to feel like a part of the original narrative and have an obligation to continue its journey. I believe that we can amend our estate plans to tell our stories and build our narrative for all our loved ones.

Here, I intentionally broaden the definition of wealth. One need not be monetarily wealthy to have those things most important in life, including dignity, respect, honesty, friendship and loyalty.

Why not include, on the opening pages of a will or trust then, how your family’s wealth was acquired? Describe the trials and tribulations it took to accumulate and distribute this inheritance, and what you hope subsequent generations will not only understand but build upon. Enunciate your family’s core covenants. Build your legacy.

It’s always best to discuss these important topics with your loved ones during life. Memorializing your family legacy, however, can certainly be accomplished in your estate planning documents. I’m working on a way to systemize this process in the coming months as part of our unique process, The Family Estate & Legacy Program.

In the meantime, my suggestion for those of you who this speaks to, is to take the time to write down your thoughts. You probably recall important lessons that your parents and grandparents taught you, probably using a story. Don’t let those valuable insights die with you!

A true leader tells the family story to pass on a shared sense of value and purpose. The families that prosper tend to be the ones that, from generation to generation, become part of a shared narrative. How are you going to create that narrative for your family?

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How’s The Market? Ask Ann

Update On Homeowners Insurance

Each week, I find myself focusing on the limited number of homes and condos currently on the market. Strong demand results in increased sales prices. As of “now,” the trend appears to be the same. In “ordinary” markets, most buyers obtain a mortgage to purchase property, which requires the buyer to purchase insurance, covering flood, windstorm and homeowners protection. Last week, my husband John and I attended a seminar covering recent modifications to FEMA (federally subsidized flood insurance). Two local and well respected insurance agents led the discussion: Chris Heidrick of Heidrick Insurance and Dave Arter of Private Client Insurance Services. Here is my takeaway from the presentation: 1) If you have a current flood policy, do not cancel it. If you sell your home, it will save your buyer a substantial amount of money as opposed to a new policy. 2) FEMA limits the rate increase to 18% per year. 3) It is advisable to have an elevation certificate. While not required, you may need it to find a lower rate. 4) Keep your flood policy active if money is escrowed for the insurance. The agents stressed that it is your responsibility (not the lender) to make sure premiums are paid and the policy is renewed. I hope I listened well and am expressing the “takeaway” points accurately. Talk to your insurance agent directly should you have any questions. Thank you for reading my column.




Ann Gee
Broker/Owner

11 Closed Sales Going Back One Week: 6 Homes, 3 Condos & 2 Lots

2829 Wulfert Rd. Vacant Land \$320,000	402 Tiree Circle \$1,150,000
1340 Eagle Run Vacant Land \$515,000	4563 Brainard Bayou Rd. \$1,300,000
601 Periwinkle Way C5 Captains Walk \$591,000	5817 Sanibel-Captiva Rd \$2,100,000
671 East Gulf Dr. 5B1 Sandalfoot \$759,000	444 Lighthouse Way \$3,750,000
1666 Middle Gulf Dr. \$1,100,000	1077 Bird Ln. \$5,500,000
2737 West Gulf Dr. 218 Sand Pointe \$1,100,000	

Have a good week and call me with any comments or questions.

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Financial Aid Tip Of The Month

Save money by taking more classes each semester. As college students register for classes, they should consider taking more classes, according to Kentucky Higher Education Assistance Authority (KHEAA).

A heavier course load helps students cut the total cost of college because they’ll finish their technical or degree program more quickly. That’s especially important to minimize loans they’ll need to help pay for their education.

A full-time load for undergraduate students is usually 12 credit hours per semester. Associate’s degrees usually

require 60 credit hours to finish, and bachelor’s degrees 120 hours. At 12 hours each semester, students will need five semesters to finish an associate’s degree and 10 semesters to finish a bachelor’s degree.

By taking 15 hours per semester, they’ll finish an associate’s degree in four semesters and a bachelor’s degree in eight semesters. Many colleges don’t charge students more for 15 hours than they do for 12 hours. That might save students thousands of dollars in tuition and fees.

KHEAA is a public, nonprofit agency that provides information about financial aid and financial literacy at no cost to students and parents. For more information about those services, visit www.kheaa.com.✽

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From left, Gene Taylor with Barbara and Mike Lies photos provided

Seasonal Fun At The Golf Club

Staff at Sanibel Island Golf Club and the Blue Giraffe 2 restaurant partner to offer the membership a Nine & Dine social event every other Sunday during season. After nine holes of golf, residents tally their scores and break for a meal at Blue Giraffe 2.

Among the winners recently were: Mike and Barbara Lies and Bjorn and Cecilia Olsson, who tied for first place; and Steve Georgian and Ann Marie Sprotte, who won first place.

Golf Pro Gene Taylor organizes the nine rounds of play for golfers.*



Steve Georgian and Ann Marie Sprotte



From left, Bjorn Olsson, Gene Taylor and Cecilia Olsson

Chronic Pain Workshops

Lee Health will offer a chronic pain self-management program to teach participants how to better manage conditions such as arthritis, fibromyalgia, back pain and headaches. The virtual sessions will be held on Wednesdays beginning May 4 from 1 to 3 p.m. and on Thursdays beginning May 5 from 9:30 to 11:30 a.m.

It's All About You, a self-management

resource program with the Self-Management Resource Center, is offered for six weeks and there is no charge to attend. Information presented in the virtual workshop can help you become empowered to improve your quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to health eating.

Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*. For more information, call 424-3121.*

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Frankly Speaking



by Howard Prager

Opening day for baseball starts this week. We'll see how players are effected by a shorter spring training as the season opens with some new rules. Designited hitter in both leagues so pitchers won't have to hit unless you're the MVP from last season, Shohei Ohtani. No shortened double headers, no ghost runners starting on second in extra innings. At this time, both the Twins and Red Sox are not expected to challenge for their division titles but may indeed be in the hunt for a wild card. The White Sox (Twins archrival) lost one of their starting pitchers for at least six weeks and the Yankees (Red Sox antagonists) did not do much to improve in the off-season. All six division winners (three from each league) will earn playoff berths. The top two in each league earn a bye in the first round. The third division winner in each league and three wild cards meet in best-of-three wild-card series. So expanded playoffs are here.

Speaking of playoffs, March Madness and especially the championship was truly exciting this year. The Final Four started with Kansas blowing out Villanova. But no fairytale ending for Coach K and Duke, as North Carolina took it

to them as they did during Coach K's last home game. Coach K can hold his head high, as they made it deep into the playoffs, one game away from the finals. Kansas was favored to win the national championship, being the only No. 1 team still left. They met North Carolina once before in the championship in 1957 with center Wilt Chamberlain, and lost by one in triple OT. No OT needed this year. North Carolina, which already beat a No. 1 (Baylor) and No. 2 (Duke), had other thoughts, taking the largest halftime lead (15 points) in the history of the championship. But Kansas came roaring back in the second half and tied it with 10 minutes to go then the lead seasawed back and forth. Kansas completed the biggest comeback ever in a championship game and took the championship for the fourth time... its first since 2008. Kansan Ochai Agbaji was named MVP of the Men's Final Four.

On the women's side, ESPN put it well: "One year after a heartbreaking loss in the Final Four to Stanford, No. 1 South Carolina found redemption, earning the program's second national championship with a 64-49 victory over 2-seed and perennial winner UConn. The Gamecocks went 14-0 against teams ranked in the Associated Press Top 25 this season, became the eighth program to win multiple national titles in NCAA women's basketball history. South Carolina is the 12th team to go wire to wire as No. 1 in the AP poll and win it all. 'Our path was divinely ordered,' South Carolina coach Dawn Staley told Gamecocks fans. Junior forward Aliyah

Boston, the national player of the year, recorded her 30th double-double of the season with 11 points and 16 rebounds and was named the Final Four's Most Outstanding Player. Staley is also now 2-0 in NCAA national championship games after leading her squad past Mississippi State for the 2017 title. With a piece of the net from that title – the same one from which she had previously sent segments to other Black women's coaches across the sport – in her pocket, she became the first Black coach to win multiple Division I basketball national championships."

Speaking of great efforts, my daughter Hillary ran another Ironman last weekend. Results vary so much on weather. For the cycling portion of this race, she was riding at 23 mph going, but coming back she rode straight into the wind, so her pace was 13 mpg. She's also doing some marathons this year, including the Chicago Marathon. I asked her the difference. She said "it's all in the training. In an Ironman, I'm doing the best I can while knowing I need to leave some reserves for the next activity. In doing just running, I need to prepare my body to just be the best runner I can be." As we watch elite athletes in sports, it's interesting to keep in mind the training they need to perform at the highest of levels. That's in part why we have, in basketball for example, defensive specialists, rebounders, three-point shooters, etc. They can do it all, but they have a specialty they focus on building.

This isn't necessarily a good news story, but March Mania may make you

smile, and even hum along to your favorite march. With 32 marches over four weeks, March Mania started March 1 and ended with the champion march named on April 1. "Sousa's March Mania is an annual competition in which students and fans around the globe rally behind their favorite marches as they advance through a series of matchups onto a championship game. Each day, two marches compete head-to-head, while votes for the favorite march determines which one advances to the next round. Which marches will make it through the Sousa's Sixteen, Enlisted Eight, and Fidelis Four to the final round? It's all up to the fans, who are encouraged to fill out a bracket before the competition begins and try to predict the champion. Anyone predicting the final champion prior to the first match will be crowned an honorary 'March King'," according to the Marine Band website. The winner after four nail-biting, reed-splitting rounds? The Wildcat March, written by a Northwestern Alum and U.S. Marine Band Clarinetist Staff Sergeant Parker Gaims. Finally, my alma mater Northwestern is a winner in March, only it's March Mania, not March Madness. And to the Marines out there, past and present, Semper Fi, one of the best marches ever.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.

Sanibel Fishing Club To Meet

Sanibel Island Fishing Club will hold its monthly meeting on Tuesday, April 12 in the north room of The Community House. The meeting gets under way at 6:30 p.m. with a half hour social followed by the speaker presentation at 7 p.m. There is no admission charge and the angling public is invited to attend. Pizza and refreshments will be available at a nominal charge.



John Cassani

This month's featured speaker is John Cassani of Calusa Waterkeeper. Formerly known as the Caloosahatchee River Citizens Association, Calusa Waterkeeper is a nonprofit organization dedicated to the protection of the Caloosahatchee River and Estuary, Lake Okeechobee and numerous other regional watersheds and estuaries. From its humble beginnings in 1995, the River Citizens Association became a member of Waterkeeper Alliance, adopting its new name in the process.

Cassani's professional career as an ecologist started in Lee County in 1978 after receiving degrees in biology and fish and wildlife. From 1978 to 2014,

he worked as a resource manager for local government, managing waterways of Southwest Florida. He has authored both peer-reviewed scientific publications and popular media sources on resource management, history, water policy and conservation issues. His service on advisory boards, commitment to community and involvement with land and water conservation has led to recognition from various civic groups, including Florida Audubon Society, Estero Bay Agency on Bay Management, Lee County government, Everglades Coalition, American Fisheries Society, and the Alberta provincial government.

In November 2016, Cassani accepted the position with Calusa Waterkeeper, a member of the international Waterkeeper Alliance. Anyone interested in the current water quality status of the back bays and favorite fishing holes should plan to attend this presentation.

The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings as well as lending support for various fishing related charities and organizations such as Captains For Clean Water, Sanibel-Captiva Conservation Foundation and Sanibel Sea School. For information on joining the club, contact president Tom Tilton at 901-494-8829 or attend the next meeting.

The Sanibel Island Fishing Club has been an active social club for more than 30 years. To learn more, view some fishing photos or to explore the fish recipe section, visit www.sanibelslandfishingclub.com.

sanibelslandfishingclub.com.

The Community House is located at 2173 Periwinkle Way on Sanibel.✱

Round Robin Tennis Returns

Round Robin tennis is back at the Sanibel Recreation Center on Tuesdays and Thursdays from 10 a.m. to beginning the week of April 12. Tennis Pro Joe McEntyre organizes all tournament-style matches.

Registration includes a demonstration

of doubles tactics and doubles play. Cost to play is \$13.25 per member and \$17.50 per non-member. Register in advance at the recreation center front desk as space is limited. Minimum of four registered players required.

McEntyre will also be offering private lessons for \$81.50 per member and \$108 per non-member. Advance registration required.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. To register, call 472-0345. For more information, visit www.mysanibel.com.✱

SPORTS QUIZ

1. What college football team has the longest home winning streak entering the 2022 season?
2. In what combat sport do Vasily "Dumpling" Khamotiskiy, Koa "Da Crazy Hawaiian" Viernes and Dawid "Zales" Zalewski compete?
3. How many consecutive free throws did the Minnesota Timberwolves' Micheal Williams make in regular-season games from March to November 1993?
4. What horse racing track, located in Queens, New York, is the site of the Gotham Stakes?
5. The CBS sitcom "How We Roll" was inspired by the life and career of what PBA Tour bowler?
6. Trackhouse Racing Team, which made its NASCAR debut in 2021, is owned by former racecar driver Justin Marks and what pop-music superstar?
7. What former heavyweight boxing champion was elected mayor of Kyiv, Ukraine, in 2014?

ANSWERS

1. The Clemson Tigers, with 34. 2. Slap fighting. 3. 97, an NBA record. 4. Aqueduct Racetrack. 5. Tom Smallwood. 6. Pitbull. 7. Vitali Klitschko.



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Health First

Social Wellbeing



by Julie Rosenberg, MD

One of the things I like best about living on Sanibel Island is our neighborhood. Each Sunday evening, 10 to 20 neighbors who reside on our block

come together for happy hour between 5:30 and 7:30 p.m. We rotate hosts and homes. We bring our own drinks and an appetizer to share. There is no pressure to show up – just an open invitation to do so. I’m confident that my overall state of wellbeing is enhanced by having positive and meaningful relationships my neighbors. In other words, I’m glad to be socially connected in my neighborhood.

What is social wellbeing? – Social connections are essential to feeling satisfied with our lives. Social wellbeing is defined as developing and maintaining positive interactions with other people and with local and global communities. One local community is the neighborhood in which we live. Studies have shown that neighborly support is associated with better wellbeing for individuals in mid-to-late life.

The National Survey of Midlife Development in the United States

(MIDUS) was an investigation of patterns, predictors and consequences of midlife development in the areas of physical health, psychological wellbeing and social responsibility. Data were collected between 1995-96 on an initial sample consisting of 7,108 predominantly Caucasian participants aged 25 to 74 years. Data were collected again from the same individuals (as available) in 2005.

The study found that those who had low contact with neighbors at the time of both data samplings, as well as those who experienced a reduction in contact with neighbors over the years, experienced downward trends in their wellbeing – feelings of sadness, nervousness, restlessness, hopelessness and worthlessness. On the other hand, neighboring was shown to be an efficient way of achieving social support, sharing resources and creating a sense of security.

Advantages of knowing your neighbors – Remember the teachings of the Bible (Matthew 22:39): “Thou shalt love thy neighbor as thyself.” When you’re friendly with your neighbors and genuinely care for them, they look out for you and your property and help to keep you and your family safe. However, good neighbors respect boundaries. They are considerate of those who may not like a lot of interaction and prefer to communicate on an as needed basis.

Five ways to increase social wellbeing – Social wellbeing is a key component of overall wellbeing. If you want to increase

your social wellbeing, begin in your neighborhood:

1. Keep regular contact with neighbors. A study by Nextdoor.com showed that 61 percent of Americans are curious about their neighbors. What about you? Do you know your neighbors? What are their names? Their interests? Their hobbies? Connecting with people in your neighborhood will help you feel more involved in your local community.

2. Express gratitude to others. Communicating gratitude to others can improve wellbeing, increase positive affect, reduce negative affect, and promote optimism and prosocial behaviors.

3. Volunteer your time locally. Volunteer work is the backbone of any community.

4. Take classes at a local college or community center. Participation in adult learning helps people develop social competences, extend social networks and enhance acceptance of others.

5. Participate in community events. Participating in community events can provide a sense of belonging. It also helps to direct community members’ attention and energy toward beneficial activities. Feelings of connection within a neighborhood or community can serve as a support system for members when they require encouragement or help.

In conclusion, wellness goes beyond medical care. The power and benefit of neighboring cannot be underestimated in terms of social wellbeing. Neighboring

provides a sense of community and belonging and can help combat the feelings of isolation that older adults often feel. Neighboring also builds trust and offers a sense of safety and security. So, get to know your neighbors – they may become lifelong confidants and friends.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, *Beyond the Mat* and *Be True*. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com. **

Chronic Disease Program

Lee Health will offer a chronic disease self-management program virtually on Tuesdays beginning May 3 from 1 to 3 p.m. The free workshop is two hours once a week for six weeks.

It’s All About You, a self-management resource program with the Self-Management Resource Center, is research-based and designed for people age 18 and older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

For more information or to register, call 424-3121. **

I was giving away my old clothes.
It felt good helping people.
I am going to do it again.

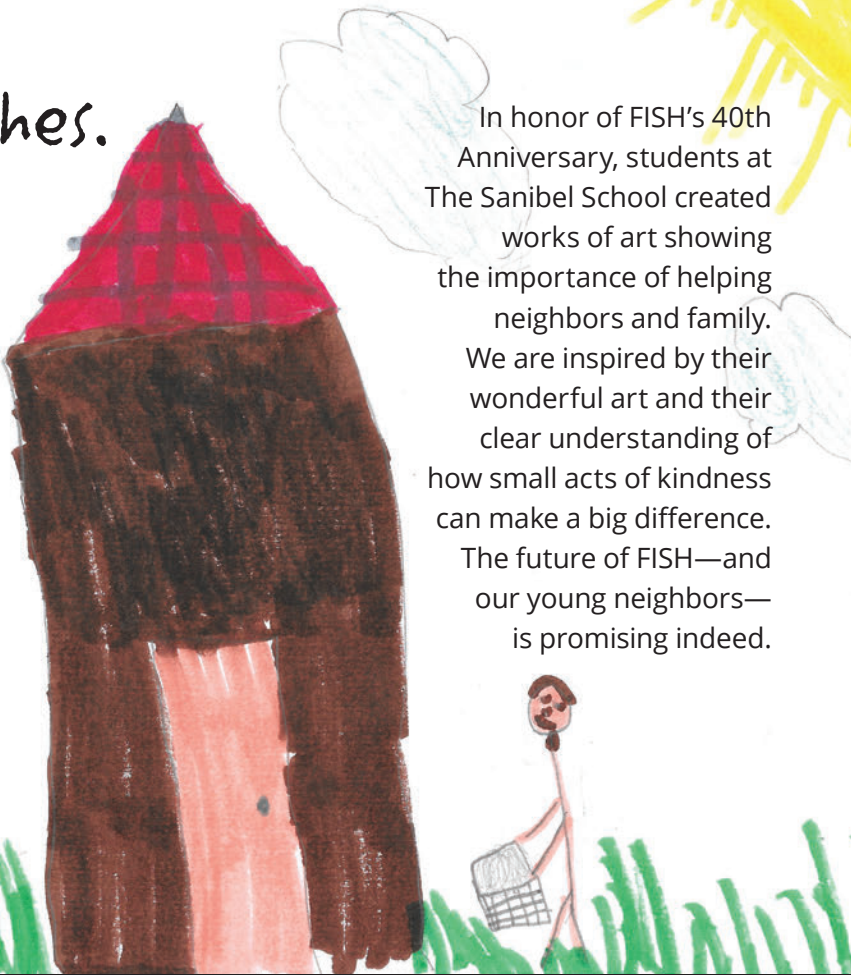
—by a kind neighbor & student from *The Sanibel School*



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In honor of FISH’s 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.



dearRPharmacist

Estrogen Is Essential To Live Headache Free



by Suzy
Cohen, RPh

Dear Readers: Few things matter if you have chronic headaches, and women are mainly affected.

Teasing out the estrogen scenario

is difficult because it fluctuates minute to minute, and month to month. It changes if you take estrogen-containing drugs such as hormone replacement, or if you drink from plastic water bottles a lot.

Estrogen is a moving target. But we do know that too much, or too little, will create chronic, disabling headaches for women in the prime of their life.

It's very clear that estrogen levels matter tremendously because the highest incidence of migraines is among women between the ages of 20 and 40. Animal studies concluded estrogen excess, specifically "estradiol" causes nerve sensitization, which means your nerves are more reactive and touchy. The researchers go so far as to say that estrogen elevations lead to chronic inflammation via cytokine storms, thus enhancing your pain perception. You may be inclined to do a blood test to determine levels, but that doesn't always work because it's a snapshot in time while they're drawing your blood. For this reason, I recommend doing a urine strip test such as Dutch Complete to reveal precisely how your body metabolizes its own hormones, or those you take. These at-home tests are available at physician offices, or for purchase at my vitamin shop.

Another study (done in mice) concludes that estrogen deficiency is implicated. I wish I could lock up these researchers in a room and say, "C'mon people, make up your mind, you're not getting outta here until you decide if it's high or low estrogen!" Estrogen levels

matter, but one problem I see time and time again is that physicians don't always prescribe it along with progesterone, and I feel strongly that these two hormones should be taken together. Progesterone hormone tempers the estrogen you make, or take. I've written a book titled *Headache Free* that is available on Amazon if you need more help with headache pain.

As for other triggers of headaches and migraines (I call them "migrenades") there are many. Perfume is a big one. Another migrenade is magnesium deficiency, which raises risk of migraines, headaches, tension headaches and nighttime leg cramps. There is a lot of research about this. Restoring magnesium can be the No. 1 thing you do to restore levels if you are deficient, and this would help some people to reduce the intensity of headaches, as well as the frequency. Some things you can do include an ice pack, or an over-the-counter analgesic. I find that if my hair is in a tight ponytail, I get a headache. Vision is something that should be checked because if you need glasses, but don't wear any now, you'll have more headaches. And finally, chronic sinusitis and hay fever will make you more prone to headaches. I have so much more valuable information about headaches, if you'd like to read a longer version of this article, sign up for my free newsletter at www.suzycohen.com, and I'll email it to you.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Blood Donors Needed

Lee Health is seeking blood donations to help replenish supply levels. As home to the region's only trauma center, it is vital that the health system's blood supply remains at healthy levels in order to quickly care for patients needing an urgent transfusion. All blood donated at Lee Health stays within the health system to care for patients in Southwest Florida. For more information on how and where to donate, visit www.leehealth.org/our-services/blood-centers.

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: Ever since COVID-19, I have felt very isolated. Any friends have faded away, and I feel so alone. How can I re-establish and nurture solid friendships?

A: Two of the biggest issues we are facing in the digital age are isolation and alienation. Connection and strong friendships are paramount to living happily in our world.

Our social support is vital to our well-being and overall health. Video chats and zoom calls have taken off during the pandemic, yet there is nothing quite like an in-person meeting over a cup of tea or coffee. It is as essential as breathing. As you get back into the reconnect process, start making a list of a handful of friends to reconnect with in person. Set dates/times and plan to make it happen. Friendships, like plants, need nurturing. You don't need a ton of friends, just a few special ones to accept you for who you are.

Pay attention and go somewhere that is comfortable for you and your friends to social distance, preferably outside. But if you live in a cold climate, dress for the

occasion and take a brisk walk.

This too shall pass. So many people share your same frustration. Know that in time, hopefully not too long from now, we will be able to have more social interaction and connection, which will bring about a happier existence.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free monthly autism spectrum disorder screening for toddlers 18 months to age 5 at the Pediatric Specialist Office on Friday, April 22 from 9 a.m. to 2 p.m.

The ASD screening is conducted by the Golisano Children's Hospital. Screenings are administered by an advanced practice registered nurse who has extensive training and experience in typical child development and developmental disorders. A physician referral is not required.

The Pediatric Specialist Office is located at 15901 Bass Road, Suite 102, in Fort Myers. To schedule a screening, call 343-6838.

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Doctor and Dietician

The Silent Tragedy Unfolding In Our Homes Today



by Ross Hauser, MD
and Marion Hauser, MS, RD

We recently read an article published by Dr. Ovid, a pediatric neurologist, who warned of a “silent tragedy that is unfolding in our homes today.” The tragedy is mental illness. He provided these statistics in his article: one in five children have mental health issues; 43 percent increase in ADHD; 37 percent increase in teenage depression; and 200 percent increase in the suicide rate among children age 10 to 14.

We have discussed the cause of this in many of our prior articles. The face-down, device-addicted lifestyle of the youth (and adults) is killing them. Couple this with

the current American family lifestyle, and we have a generation of young people spiraling out of control.

Dr. Ovid states that kids of today are over-stimulated and over-given material objects but are deprived of the foundations of a healthy childhood, such as emotionally available parents; clearly defined boundaries; responsibilities; balanced nutrition and adequate sleep; movement, in general, but especially outdoors; healthy social interaction; and spaces for downtime.

He goes on to say that the last few years have shown us “digitally distracted parents,” who pamper and let children be the ones who make the rules; a sense of law, to earn everything without earning it or being responsible for getting it; inappropriate sleep and unbalanced nutrition; a sedentary lifestyle; endless stimulation; technological teddy bears; instant gratification; and absence of boring moments. That may sound harsh, but we see it every day with our patients and our patients’ children.

It is time to act and not let this phenomenon run out of control. We cannot sit back and just assume something is going to change. We cannot stress the answer to these issues more than we can today. Set boundaries and become the captain of the ship. You and the kids need to adopt healthy lifestyles – permanently. Dump the junk, dramatically reduce sugar, cook at home, eat your veggies; regularly sit down to meals together; and disconnect so you can connect.

As we have said many times over

– movement is life. Get outside. Ride your bikes, go fishing, walk the beach, take up bird watching, swim in the gulf/pool, go camping/hiking, rent some kayaks and paddle the seas – the options are endless, especially here in Southwest Florida.

At home, we cannot recommend more highly to shut off the television. We do not have television in our home – and certainly not in our living room. You may think that is radical. Remember, you are what you put into your body and mind. Watching most TV is not good for your mental and physical health and that of your children. Instead of watching TV, play games or do a puzzle together, cook something together, read – stimulate your brains. Dramatically reducing television and other device use has been shown to significantly improve mental health. Don’t use devices to cure boredom and keep kids (or yourselves) entertained. It may actually be time to go to bed. Make sure to get

seven to nine hours of restful sleep. Use everyday life experiences to teach kids how to overcome life’s challenges, develop patience, work hard, think critically and take responsibility. When teaching children these things, we must also embrace them.

Train children to stop thinking only of themselves. The biggest cure for most things is giving to others. Teach them basic manners – say please and thank you, open doors for others, apologize when wrong and give hugs. Connect with your kids and put down your phones.

The future is in our hands. Let’s make a difference for good.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

Beautifulife: Age Well



by Kay Casperson

One thing in life that we cannot control is that we are all getting older. It seems as though time flies by faster and faster as we age. Many of us can’t believe that we are as old as we are.

Many individuals feel much younger than their age, which is a good thing. Yet, some feel the aches and pains that come with aging, which results in feeling a bit older than you should.

Age is just a number and I believe we can do certain things to keep looking and feeling well as the years go by. I have a few suggestions to stop that clock from ticking too fast, and experience the best of every year.

1. Wake up to a splash of cold water on your face or cold cloth. Then follow with a vitamin treatment for your skin to moisturize and brighten your complexion. Keep a simple skincare routine with gentle yet effective products for the right amount of moisture and maintenance.
2. Drink plenty of water first thing in the morning to keep your metabolism going, clean out toxins, rehydrate the system and aid digestion. Many studies show the benefits of plenty of water intake before your cup of coffee or tea.
3. Try intermittent fasting. This can be beneficial if done correctly. Start by skipping breakfast a couple of days a week and count 12 to 16 hours between your dinner and next meal. This has been shown to improve your health, such as lowering insulin levels and enhancing weight loss by breaking down body fat.
4. Eat plenty of fruit and make healthy smoothies in the morning. Eat organic when possible and stay away from processed foods. Cook your own meals as much as you can at home to be confident that you are eating well.
5. Incorporate strength training into your daily exercise routine. In addition

to moving and stretching, the benefits of strength training with weights are great. This will help protect your joints from injury and build muscle for better strength, balance and vitality.

6. Supplement your diet with vitamins that you are not getting enough of with your foods. Consult with a natural practitioner to find out what is best for your lifestyle. The obvious ones are essential for most, like B12, C, D3 with K2 and curcumin. Still, everyone has individual needs that can be determined with simple bloodwork.

7. Get plenty of sleep and allow yourself to take a short nap now and then. I take melatonin at night before bed to ensure adequate and restful sleep. Breathing exercises for relaxation will help to quiet your mind faster.

It is essential to remember to have balance in your life. Continue enjoying your hobbies and surround yourself with good people and family. Work some and play some, and take the time to meditate and pray. The goal is to enjoy your beautiful life at every age, being happy, healthy and vibrant.

My affirmation for you this week is: “I will continue to live my best life and embrace every age with grace and gratitude.”

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

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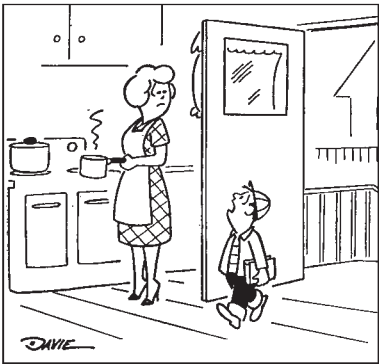


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Lee County Sheriff's Office	477-1200
On Call Captiva Deputy.....	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol.....	332-6966
Florida Highway Patrol	278-7100
Poison Control.....	1-800-282-3171
Chamber of Commerce.....	472-1080
City Council	472-4135
City Building Department.....	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Lee County Mosquito Control	239-694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva.....	472-1674
Sanibel Community House.....	472-2155
Center 4 Life, Senior Center.....	472-5743
ARTS	
Arcade Theater.....	332-4488
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony.....	277-1700
Herb Strauss Schoolhouse Theater.....	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic.....	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Chorale of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA.....	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL.....	https://www.audubonswfl.org/
Audubon Society.....	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife.....	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service.....	472-0404
Horticultural Society of the Islands.....	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
Military Officers Assc. of America, Alex MacKenzie ..	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club.....	472-0836
PAWS, Protection of Animal Welfare Society	239-699-6310
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.....	470-2866
Sanibel-Captiva Orchid Society.....	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club.....	267-7291
Sanibel Historical Museum & Village	472-4648
Sanibel Island Fishing Club	472-8994
Sanibel Youth Soccer.....	395-2040
SCCF Sanibel-Captiva Conservation Foundation.....	472-2329
SCCF Sea Turtle Hotline.....	978-728-3663
Shell Islands Garden Club	246-8875
United Way of Lee County - 24 hour helpline 211	433-2000
Zonta Club	728-1971

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PUZZLES

Answers on page 31B



"Well, our class had its first drop-out—
the _____."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Common
PEACH _____

Roller
TRACES _____ _____

Brawl
LAWNGER _____ _____

Delight
TASTER _____ _____

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Differences: 1. Hat is different. 2. Bush is missing. 3. Arm is moved. 4. Shirt is different. 5. Valentine is missing. 6. Poster is missing.

		8			6		1	
	4		2			8		
7				3				5
		5	3		4		9	
6			7					2
	3			5		6		
	5		1				7	
8				9				3
		9			7	4		

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 31B

Super Crossword LOBBY GROUP

- ACROSS
- 1 Hero-worship

8 Not — (fair to middling)

13 Gave a prize to

20 Big name in cassette tapes, once

21 Bad booze

22 "Wouldn't it Be —" ("My Fair Lady" song)

23 Start of a riddle

26 Came after that

27 Violin master Mischa

28 Library no-no

29 Aflame

32 "Every day — new day"

33 ETs' craft

34 Brief tussle

36 Riddle, part 2

44 Not wholly

45 "Cool" moola amount

46 Bottom

47 Pro-school gp.

48 "Hi, Don Ho!"

49 Tease in fun

51 Store window info: Abbr.

52 Smear all over

55 Riddle, part 3
- 57 — bah (big wheel: Var.)

58 Reach as far as

59 "On the Beach" novelist

60 Jimmy Dorsey hit

62 More furtive

63 "Uncle Moses" novelist

66 Riddle, part 4

69 Gen — (millennials)

70 Rental for relocation

72 Flip out

73 Feudal toilers

75 Novelty

77 Miniver's title

78 Riddle, part 5

82 Moon of Neptune

83 Be the victor

84 Sci-fi sage

85 Lasso part

86 Suffix with east

87 "Oh, really?"

89 Country singer Tillis

90 Charge to run a promo

91 End of the riddle

97 Firebug's crime
- 98 Possible reply to "Are you sure?"

99 "That's the guy!"

100 Calendar spans: Abbr.

101 Tehran native

104 Candle parts

106 Dominion

109 Riddle's answer

115 Barbuda's partner island

116 — two (a few)

117 Books filled with maps

118 Most sharp

119 Spacek of "3 Women"

120 Pedicure target
- 12 — McAn (big name in footwear)

13 Format of AP Radio Network

14 "Alas!"

15 Lemmon/Wilder comedy

16 Take hold again, as a plant

17 Three, in Munich

18 Yale alumni

19 Bit of force

24 Try, as a case

25 Turkish VIPs of old

29 Wash gently against, as the shore

30 Novelist

31 Dice toss

33 Infantry division

35 1990s fitness fad

37 Tom Cruise's role in

38 Get — start (not begin on time)

39 "Sure, put me down for it"

40 Not in the country
- 41 Neck and neck, scorewise

42 Fix at the vet's

43 Eva, Magda and Zsa Zsa

49 Objects

50 Middle name of Emerson

51 Rhino's pair

53 Canon camera series

54 Under oath legally

56 Roman 106

57 Odists, e.g.

58 Swiss canton or its capital

60 Reject rudely

61 Lay new turf on

63 Her niece is Dorothy Gale

64 Shepherd once of "The View"

65 Sounding like a crow

67 Bad blood

68 Prefix with cuspid

71 Zodiac feline

74 Italian handbag brand

76 Pouty states

78 Shed feathers

79 Composer Carmichael
- 80 On the move

81 Many minors

83 Hot dog, informally

84 Rural assent to a woman

88 Feline in competitions

89 Ailment with red spots

90 Confess about

92 Submit, as homework

93 Emergency room sorting

94 Waikiki wear

95 "Alas!"

96 Bites lightly

101 "Out of Africa" writer

102 Bit of Viking writing

103 Poker post

105 Corp. money handlers

106 "Climb — Mountain"

107 Make mad

108 Israeli statesman

110 Frat letters

111 Calendar spans: Abbr.

112 Onetime foe of the USSR

113 Waikiki wear

114 Immigrants' class, in brief

1	2	3	4	5	6	7		8	9	10	11	12		13	14	15	16	17	18	19
20								21						22						
23								24						25						
				26							27						28			
29	30	31			32				33				34		35					
36			37	38				39				40						41	42	43
44								45				46						47		
48						49	50				51				52	53	54			
55					56						57				58					
				59						60				61			62			
63	64	65			66			67							68		69			
70				71		72							73		74					
75					76			77				78						79	80	81
82							83				84					85				
86					87	88				89					90					
91			92	93					94				95	96						
				97					98				99					100		
101	102	103				104		105				106				107	108			
109					110						111							112	113	114
115								116						117						
118								119						120						

King Crossword

- ACROSS
- 1 Bar legally

6 Decorator's theme

11 Floodgate

12 Apple music service

14 Maidens of myth

15 Nap

16 Doctrine

17 Varieties

19 Up to

20 Casual tops

22 — Paulo

23 Optimum

24 Passover repast

26 Heller and Conrad

28 Chips go-with

30 Small barrel

31 High-ranking angels

35 Nintendo princess

39 Neural transmitter

40 Snitch

42 Eye drop

43 Spasm

44 Croc's kin

46 GI's address

47 Runs off to wed

49 Transforms (into)

51 Safe and sound
- 52 Dawn-of-mammals epoch

53 Ninnies

54 "— you!" (challenger's cry)
- 6 Identified incorrectly

7 Elevator name

8 Calendar abbr.

9 Foot part

10 Fixation

11 Tizzies

13 Mariners

18 British rule of India

21 Auto style

23 Sire

25 Shred

27 "— who?"

29 Sentence parts
- 31 Fills up

32 Driven out

33 Highly ornate

34 Perched

36 Figure skater, at times

37 Author du Maurier

38 Got up

41 Actress Marisa

44 Richard of "Chicago"

45 Crucifix

48 Young dog

50 HDTV brand

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P N R K I G O E D B Z E X V E

S Q M O 8 M 0 K L I L G E A L

C 0 W 8 9 4 5 A Y U 5 W 0 U U

S Q 2 P 0 9 5 9 D 6 D 4 N L D

J H F 1 1 E 0 E 0 C 0 E A Y E

X V U S 1 Q H 1 P 1 N M H K H

J H F E C C B Z Y X V U T C C

R Q P O S M D E L U D E H C S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: **Personal Income Short Form**

1040EZ

1098

5500

Schedule B

1040NR

1099

Form 1040

Schedule C

1065

1120

Form W-2

Schedule D

1095

5498

Schedule A

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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	5:20 pm	1:12 am	None	None	Fri	4:25 pm	1:14 am	None	None	Fri	7:37 am	1:08 am	5:00 pm	10:04 am	Fri	7:30 pm	4:28 am	None	None
Sat	6:36 pm	2:30 am	None	None	Sat	5:41 pm	2:32 am	None	None	Sat	6:05 pm	2:38 am	None	None	Sat	8:46 pm	5:46 am	None	None
Sun	8:24 pm	3:39 am	None	None	Sun	7:29 pm	3:41 am	None	None	Sun	8:45 pm	3:41 am	None	None	Sun	10:34 pm	6:55 am	None	None
Mon	12:35 pm	4:32 am	9:59 pm	4:05 pm	Mon	11:40 am	4:34 am	9:04 pm	4:07 pm	Mon	11:45 am	4:32 am	10:03 pm	4:08 pm	Mon	2:45 pm	7:48 am	None	7:21 pm
Tue	12:38 pm	5:14 am	11:08 pm	5:04 pm	Tue	11:43 am	5:16 am	10:13 pm	5:06 pm	Tue	11:57 am	5:16 am	11:10 pm	5:10 pm	Tue	12:09 am	8:30 am	2:48 pm	8:20 pm
Wed	12:44 pm	5:49 am	None	5:49 pm	Wed	11:49 am	5:51 am	11:10 pm	5:51 pm	Wed	12:20 pm	5:55 am	None	6:01 pm	Wed	1:18 am	9:05 am	2:54 pm	9:05 pm
Thu	12:05 am	6:19 am	12:53 pm	6:30 pm	Thu	11:58 am	6:21 am	None	6:32 pm	Thu	12:03 am	6:29 am	12:42 pm	6:46 pm	Thu	2:15 am	9:35 am	3:03 pm	9:46 pm

My Stars ★★★★★
FOR WEEK OF APRIL 4, 2022

Aries (March 21 to April 19) Avoid having someone else take credit for the project you started by finishing it yourself. Then it will be you lovely Lambs who will be wearing those well-deserved laurels.

Taurus (April 20 to May 20) The facts about a new opportunity are still emerging. Wait until they're all out in the open, and then use your keen

business sense to help make the right decision.

Gemini (May 21 to June 20) You might feel confused, even hurt by a friend who suddenly puts distance between you. If she or he won't discuss it, don't push it. An explanation should come in time.

Cancer (June 21 to July 22) Your willingness to be part of the team opens doors that had been shut to you. Keep them open by keeping your promises even when your commitment seems to be wavering.

Leo (July 23 to August 22) Congratulations. You're really getting things done to purr-fection. And don't forget to take a catnap now and again to keep those energy levels up and bristling for action.

Virgo (August 23 to September 22) Your "plain-talking" honesty is admirable. But sometimes sharp words can leave painful scars. Be careful that what you say doesn't come back to hurt you.

Libra (September 23 to October 22) A stress-filled period takes a positive

turn as you deal with the underlying problem. Act now to avoid a recurrence by changing some basic rules in your relationship.

Scorpio (October 23 to November 21) Your rising energy levels make it easier for you to achieve some important objectives. This could lead to a big boost in how you're perceived, both at home and on the job.

Sagittarius (November 22 to December 21) A changing picture begins to emerge as you learn more about an offer that seemed so right but

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could be so wrong. Look to a trusted adviser for guidance.

Capricorn (December 22 to January 19) Spiritual aspects are strong. Take time to reflect on the path you're on and where you hope it will lead you. It's also a good time to reach out to loved ones.

Aquarius (January 20 to February 18) You could be assuming far too many responsibilities, whether it's at work or in personal matters. Be careful that you're not weighed down by them.

Pisces (February 19 to March 20) You're getting closer to your goals. And since nothing succeeds like success (or the promise thereof), don't be surprised to find new supporters swimming alongside you.

Born This Week: You are always the first to try new ventures and confront new challenges. You inspire others with your courage to follow your bold example.

MOMENTS IN TIME

• On April 17, 1882, several copies of Sheriff Pat Garrett's wildly inauthentic, fictionalized biography,

An Authentic Life of Billy the Kid, arrive at the Library of Congress. The first full, realistic biography of William Bonney (the Kid's principal alias) was not published until 1989.

• On April 16, 1897, Frederick William Winterbotham, one of Britain's top code breakers, is born. Winterbotham would play a decisive role in the World War II Ultra code-breaking project, enabling MI-6 to intercept top secret messages transmitted to and between German armed forces.

• On April 14, 1912, just before midnight in the North Atlantic, the RMS Titanic fails to divert its course from an iceberg, ruptures its hull, and begins to sink. The Titanic's hull was divided into 16 presumed watertight compartments, and the ocean liner was considered unsinkable.

• On April 11, 1921, KDKA in Pittsburgh broadcasts the first live sporting event on the radio, a boxing match. Radio had been used primarily for two-way communication, but KDKA became the first licensed radio station in 1920. Months later the first Major

League Baseball game was broadcast.

• On April 12, 1945, President Franklin Roosevelt dies of a cerebral hemorrhage at his home in Warm Springs, Georgia. The only man to be elected to four terms as president, Roosevelt is remembered for his New Deal social policies.

• On April 15, 1967, a massive parade to protest Vietnam War policy is held in New York. Police estimated that 100,000 to 125,000 people listened to speeches by Martin Luther King, Jr. and Dr. Benjamin Spock. Prior to the march, youth burned nearly 200 draft cards in Central Park.

• On April 13, 1978, opening day at Yankee Stadium, the New York Yankees give away thousands of Reggie! candy bars to fans, who toss them onto the field after star outfielder Reggie Jackson homers in his first at-bat.

NOW HERE'S A TIP

• When you make a meringue, be sure to spread it all the way to the crust on all sides. If you do, it will not shrink.
• After your dishwasher has run its

course, open up the door and let the dishes air dry. On cold days, there's the added bonus of humidifying the house with the steam that escapes.

• Research says that the best time of day to exercise is in the morning, but the truth is that the best time for YOU to exercise is when you will go through with it. So, try out different times of the day, and when you find one that fits, schedule it in your daily planner and block the time out at least three times per week.

• Making your own flavored yogurt is cheap and much better for you. You can avoid a lot of added sugar. Start with plain, unflavored yogurt and add: pureed fruits, toasted oats, honey, vanilla or almond extract, or plumped-up raisins (add enough hot water to cover a tablespoon of raisins and let sit for a minute or two). Yummy.

STRANGE BUT TRUE

• "If you stick the end of your celery stalks in a cup of water and rocks (or in some very damp dirt), they will begin to regrow. This is a great way to have

continued on page 30B

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Hi, I'm Mopsy. I am a tortie 1-year-old male shorthaired rabbit. Hop on over to Animal Services and see me and the pocket pets that are currently available for adoption. I am one of just



Fenway ID# A911176
photos provided

a few, but I am definitely one of the best looking. My uniquely patterned fur and one ear up, one ear flopped gives me my special, one-of-a-kind look. My adoption fee is \$5.



Mopsy ID# A912747

Leading up to the eighth annual Flip This Kennel event, Animal Services is kicking off the month with reduced adoption fees. All adult dogs are \$20 and cats \$10 with an approved application. Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

From page 29B

Strange But True

a never-ending supply of celery. You also can regrow scallions from the root end.” – YLJ in Missouri

- Metal shower hooks can be used in the sewing basket to hold safety pins. They can be used in a jewelry box to corral costume rings as well.
- Maurice Sendak’s beloved kids’ classic *Where the Wild Things Are* was originally titled *Where the Wild Horses Are*. Why the change in title? Sendak realized he was unable to draw horses.
- Rapper Lil’ Wayne originally went by the moniker “Shrimp Daddy.”
- Not ones to marry in haste and repent at leisure, a Paraguayan couple set up housekeeping in 1933. After 80 years, eight children and 50 grandchildren, the 103-year-old groom finally said a formal “I do” to his 99-year-old bride.
- The prize money for winning the Monopoly World Championship is \$20,580 – the same amount of money there is in the game’s bank.
- Modern students who complain about the amount of homework they’re issued might well wish they’d lived in the late 1800s and early 1900s, when doctors crusaded against it because they believed it was causing children

to become wan, weak and nervous. In 1901, California even banned homework for anyone under the age of 15.

- Over a 24-year career, Roman charioteer Gaius Appuleius Diocles amassed an astonishing fortune worth 35,863,120 sesterces (an ancient Roman coin), or roughly \$15 billion in today’s dollars, making him the highest-paid athlete of all time.
- In January 2021, the first commercial 3D-printed house in the U.S. went on sale for \$299,000.
- The term “rum bubble,” which originated in the 16th century, referred to a thief who specialized in stealing silver tankards from inns and pubs.
- An actual “chill pill,” which could even be made at home, was used in the late 1800s to remedy chills associated with a high fever.

THOUGHT FOR THE DAY

“We should live, act, and say nothing to the injury of anyone. It is not only best as a matter of principle, but it is the path to peace and honor.”

– Robert E. Lee

TRIVIA TEST

1. **Language:** What is a demonym?
2. **Medical:** What’s the common name of a condition called otitis externa?
3. **Geography:** Which large body of

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239-848-0906
REMAX OF THE ISLANDS
6/5 * TFN

HELP WANTED

CAREGIVER

We are seeking a caregiver for an elderly woman with experience, for two 24 hour shifts every other week and PRN (as needed). Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming and daily med intake. Also assist with physical transit. Contact Lisa 239-395-0153.
1/21 * TFN

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203
State License #13002788
4/20 * TFN

LOST & FOUND

LOST BLACK ZIPPERED BRUSH CASE

I am a full-time artist on the island and I lost my brush case full of watercolor brushes, pens and pencils etc. over a week ago, somewhere along Middle Gulf Drive. It's a black zippered case. I offer a \$100 reward if you find it. These brushes are of high sentimental value to me. Please contact me at shadjebi@gmail.com
3/25 * TFN

GARAGE SALE

GARAGE SALE

1653 Bunting Lane, Gumbo Limbo, Sanibel
April 9, 8 a.m. to 2 p.m.
Household Of Great Furniture To Sell: Sleep Sofa/ Sofa/ Leather Arm Chair And Ottoman/Glass Round Dining Table And 4 Chairs/ 2 Chest Of Drawers /Plates Glasses
4/1 * 4/8

Cycling

Safety Notes

Ride to the right

Warn to pass

Wear a helmet


Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

- water lies to the south of Ukraine?
4. **Food & Drink:** Which nut is used to make marzipan?
 5. **Literature:** Who is the author of the poem "The Gift Outright," which was read at President John Kennedy's inauguration in 1961?
 6. **Measurements:** What is an octant?
 7. **Geology:** Which mineral is the softest on the Mohs Scale?
 8. **Animal Kingdom:** What is the name of a porcupine's baby?
 9. **General Knowledge:** What is the name of Barbie's younger sister, introduced in 1964?
 10. **History:** In which country did the Easter Rising take place in 1916?

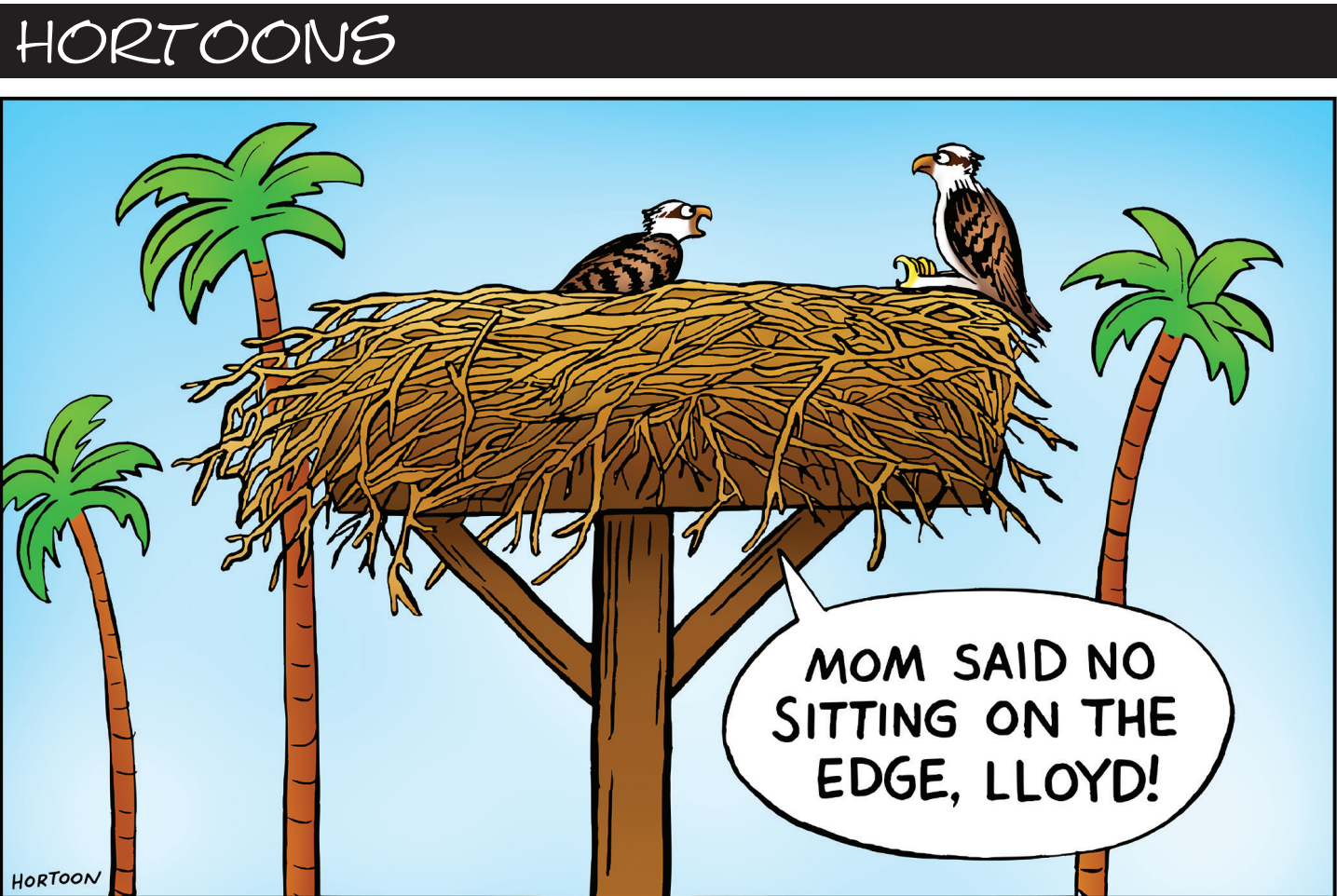
TRIVIA ANSWERS

1. A term used to describe the natives or residents of a country, state or city
2. Swimmer's ear
3. Black Sea
4. Almonds
5. Robert Frost
6. One-eighth of a circle, or 45 degrees
7. Tale
8. Porcupette
9. Skipper
10. Ireland

SCRAMBLERS ANSWER

1. Cheap 2. Caster
3. Wrangle; 4. Treats

Today's Word
TEACHER



PUZZLE ANSWERS

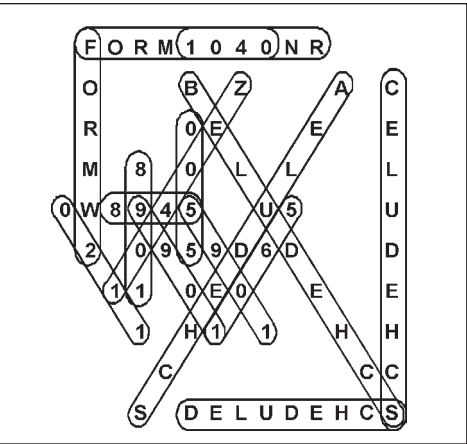
SUPER CROSSWORD

A	D	U	L	A	T	E	S	O	H	O	T	A	V	A	R	D	E	D
M	E	M	O	R	E	X	H	O	O	C	H	L	O	V	E	R	L	Y
I	F	A	B	U	N	C	H	O	F	P	E	O	P	L	E	A	R	E
L	I	T	E	N	S	U	E	D	E	L	M	A	N	N	O	I	S	E
A	T	H	E	A	T	E	R	I	N	U	T	A	H	W	A	I	T	I
P	A	R	T	L	Y	M	I	L	B	A	S	E	N	E	A			
A	L	O	H	A	T	W	I	T	H	R	S	B	E	D	A	U	B	
T	O	W	A	T	C	H	A	N	P	O	O	G	O	O	U	T	O	
A	S	C	H	I	N	D	E	P	E	N	D	E	N	T	Y	E	A	R
U	H	A	L	G	O	N	U	T	S	S	E	R	F	S				
N	E	W	N	E	S	S	M	R	S		M	O	V	I	E	W	H	A
T	R	I	T	O	N	W	I	N	Y	O	D	A	N	O	O	S	E	
E	R	N	I	S	I	T	M	E	L	A	D	R	A	T	E			
M	I	G	H	T	T	H	E	Y	B	E	S	T	A	N	D	I	N	G
I	R	A	N	I														
S	U	N	D	A	N	C	E	F	I	L	M	V	E	S	T	I	B	U
A	N	T	I	G	U	A												
K	E	E	N	E	S													

KING CROSSWORD

	E	S	T	O	P			M	O	T	I	F	
S	L	U	I	C	E			I	T	U	N	E	S
N	Y	M	P	H	S			S	I	E	S	T	A
I	S	M		S	O	R	T	S		T	I	L	
T	E	E	S		S	A	O		B	E	S	T	
S	E	D	E	R		J	O	S	E	P	H	S	
					D	I	P		K	E	G		
S	E	R	A	P	H	S		Z	E	L	D	A	
A	X	O	N		R	A	T		T	E	A	R	
T	I	C		G	A	T	O	R		A	P	O	
E	L	O	P	E	S			M	O	R	P	H	S
S	E	C	U	R	E			E	O	C	E	N	E
	D	O	P	E	S			I	D	A	R	E	

MAGIC MAZE



SUDOKU

9	2	8	5	4	6	3	1	7
5	4	3	2	7	1	8	6	9
7	6	1	8	3	9	2	4	5
2	8	5	3	6	4	7	9	1
6	9	4	7	1	8	5	3	2
1	3	7	9	5	2	6	8	4
4	5	2	1	8	3	9	7	6
8	7	6	4	9	5	1	2	3
3	1	9	6	2	7	4	5	8

Top 10 Real Estate Sales

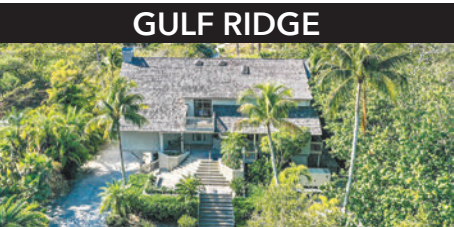
Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Marina Pointe	Bonita Springs	2005	6,773	\$5,600,000	\$5,600,000	0
Richardsons O L Subd	Sanibel	2008	5,852	\$5,699,000	\$5,500,000	108
Woodlake At Bonita Bay	Bonita Springs	2022	4,373	\$3,895,000	\$3,895,000	0
Sanibel Estates	Sanibel	1987	3,538	\$3,595,000	\$3,750,000	2
Bay Woods	Bonita Springs	2017	4,343	\$3,690,000	\$3,700,000	89
Captiva Beach	Captiva	1991	3,631	\$3,395,000	\$3,395,000	14
Trevi	Miromar Lakes	2020	3,222	\$3,100,000	\$3,100,000	0
Creekside	Bonita Springs	1992	3,449	\$2,500,000	\$2,750,000	0
Buttonwood Harbor	North Fort Myers	1999	6,557	\$2,960,000	\$2,700,000	185
Riverwalk	Bonita Springs	1990	3,657	\$1,950,000	\$2,360,000	0



CAPTIVA ISLAND
NEW LISTING
15261 CAPTIVA DR., CAPTIVA
• 4 BR, 4.5 BA, Deep Water Dock w/Lift
• Stofft Cooney Design, Waterfront Oasis
\$11,250,000 **MLS# 222017297**
McMurray & Members 239.850.7888



SANIBEL ISLAND
NEW PRICE
1223 PERIWINKLE WAY, SANIBEL
• Commercial Property & Restaurant
• Popular Sanibel Establishment
\$6,400,000 **MLS# 221068810**
Tracy Walters 239.994.7975



GULF RIDGE
5089 JOEWOOD DR., SANIBEL
• 2 Acres of Beachfront
• Private & Secluded, Stunning Sunsets
\$5,750,000 **MLS# 222013970**
Trevor Nette 239.281.4435



CAYO COSTA STATE PARK
1000 CAYO COSTA, CAYO COSTA
• 1.8 Acres in 2,500 Acre State Park
• 3 BR, 3 BA, Amazing Kitchen, Dock
\$3,450,000 **MLS# 222017816**
McMurray & Members 239.850.7888



PALMETTO POINT
NEW LISTING
6822 GRIFFIN BLVD., FORT MYERS
• Deep Water Access Canal Views
• 2 Boat Lifts, 10,000 LB. & 1,500 LB.
\$1,389,000 **MLS# 222021408**
McMurray & Members 239.850.7888



SEA OATS
UNDER CONTRACT
490 SEA OATS DR., SANIBEL
• Premier Near Beach Vacant Lot
• Steps to Beach, Across W. Gulf Drive
\$699,000 **MLS# 222007377**
Trevor Nette 239.281.4435

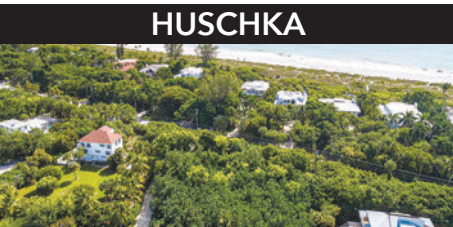
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RoyalShellRealEstate.com
239.314.3640
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25 YEARS OF EXCELLENCE
Leading REAL ESTATE COMPANIES IN THE WORLD
LUXURY
PRESTIGE



CAPTIVA ISLAND
17201 CAPTIVA DR., CAPTIVA
• Private Beach & Bay, Dock & Lift
• Pool/Spa, Gated, Elevator, Generator
\$5,650,000 **MLS# 221078264**
Trevor Nette 239.281.4435



SANIBEL ISLAND
UNDER CONTRACT
4322 W. GULF DR., SANIBEL
• Near Beach, 4 BR, Pool, Over 1 Acre
• New Counters, SS, Wood Floors, Vaulted Ceilings
\$3,295,000 **MLS# 222000297**
Jason Lomano 239.470.8628



HUSCHKA
451 SAWGRASS PL., SANIBEL
• Incredible Building Site on West Gulf Drive
• Beach Access Directly Across Street
\$949,000 **MLS# 221088972**
John Nicholson, McMurray & Members 239.849.3250



DEVONWOOD
15841 HAMPTON VIEW CT., FT. MYERS
• 1+/- Acre Lot in Gulf Access Community
• Build Your Dream Home
\$650,000 **MLS# 222011130**
Chad Reedy, McMurray & Members 239.989.8838



SANIBEL / COMMERCIAL
1523/1531 PERIWINKLE WAY, SANIBEL
• 200'+ Sanibel River & Periwinkle Frontage
• Multiple Parcels, 3+/- Acres
\$4,950,000 **MLS# 221074233**
Trevor Nette 239.281.4435



HUSCHKA
UNDER CONTRACT
489 SAWGRASS PL., SANIBEL
• European Style Custom Built Residence
• 5 BR, 5 BA, 5,000+ Living S.F.
\$2,150,000 **MLS# 222003912**
Trevor Nette 239.281.4435



SEASPRAY
1321 SEASPRAY LN., SANIBEL
• Near Beach, Large Buildable Homesite
• Small Beach Community
\$899,000 **MLS# 221016939**
John Nicholson, McMurray & Members 239.849.3250



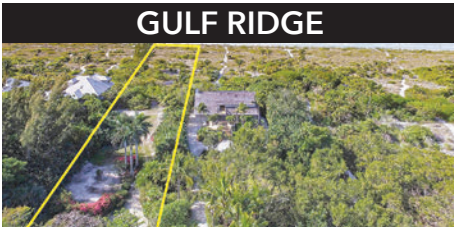
SOUTH SEAS ISLAND RESORT
4214 BAYSIDE VILLAS, CAPTIVA
• 2nd Floor, 1 BR, Overlooks Boat Basin
• Convenient South Location within Resort
\$605,000 **MLS# 222017182**
Fred Newman & Vicki Panico 239.826.2704



ROOSEVELT CHANNEL
16217-16221 CAPTIVA DR., CAPTIVA
• 5 BR, 5.5 BA Main House
• 2 BR, 2 BA Guest House
\$7,250,000 **MLS# 222015581**
McMurray & Members 239.850.7888



SANIBEL ISLAND
0 W. GULF DR., SANIBEL
• 104'+ Beachfront
• Incredible Opportunity, Ideal Location
\$5,995,000 **MLS# 222015337**
McMurray & Members 239.850.7888



GULF RIDGE
5085 JOEWOOD DR., SANIBEL
• Direct Beachfront Lot
• Over 2 Acres of Privacy
\$4,250,000 **MLS# 222014783**
Trevor Nette 239.281.4435



SOUTH SEAS ISLAND RESORT
UNDER CONTRACT
2635 BEACH VILLAS, CAPTIVA
• "Captivating" Beachfront 3 BR, 3 BA + Loft
• Unlimited Owner Use, Improved Investment Income
\$1,600,000 **MLS# 221084901**
Maureen Ahmed 239.839.7250



NORTHWEST CAPE CORAL
NEW LISTING
305 NW 36TH AVE., CAPE CORAL
• 3 BR, 3 BA + Den, 3 CG - New Construction!
• Paver Pool Area w/Outdoor Kitchen
\$769,000 **MLS# 222022643**
McMurray & Members 239.850.7888



SANIBEL HARBOUR YACHT CLUB
15051 PUNTA RASSA RD. #407, FT. MYERS
• 10' x 14' x 40' Dry Boat Storage
• Quick Access to Gulf
\$124,900 **MLS# 221066436**
Tracy Walters 239.994.7975